

City of Pasadena

Youth Basketball Program



Athletics Division Mission Statement

- The mission of the Athletics Division is to offer affordable athletic and related recreational activities to citizens of Pasadena that fosters sportsmanship, fairness, self-esteem and proper sports etiquette resulting in enriching experiences that improve the quality of life for participants.



THINGS TO KEEP IN MIND

- The Youth Basketball Program is recreational with some elements of competition within a positive, safe, and fun environment.
- We want all participants to learn about the sport of basketball and enjoy their experiences.
- We want our youth to see positive examples in our parents, fans and coaches. Therefore, the Code of Conduct must be followed.



Youth Sports Code of Conduct for Parents and Coaches

Parents are vital to the development of young athletes. Whether sitting in the stands or helping out as a volunteer, parents must set a positive example. Parents and adults involved in youth sports should be models of good sportsmanship and lead by example and off the playing field/court. The following is the Code of Conduct that all parents, coaches, volunteers, and spectators are expected to abide by in youth sports.

- Remember that children participate to have fun and that the sport is for youth, not adults
- Give constructive criticism during a private moment, never in front of other parents, players, officials, spectators, etc.
- Support your coach, and refrain from excessive “sideline coaching” from the stands.
- Cheer positively for your team. Do not criticize an opposing team, its players, fans, coaches or team, by words or gestures.
- Accept the decisions of officials on the field/court as being fair and final. Officials call it to the best of their ability.

Youth Sports Code of Conduct for Parents and Coaches (cont.)

- Stay off the field/court and remain under control in order to set a good example for players and other spectators.
- Support the coaches, players, officials, and staff and help teach the value of respect, commitment to the teams, sportsmanship, ethical conduct, and fair play.
- Do not engage in any unsportsmanlike conduct with any coach, parent, player, participant, official, staff, or any other attendee.
- Do not encourage children to engage in any unsportsmanlike conduct with any coach, parent, player, participants, officials, staff, or any other attendee.
- Do not use any profanity or obscene language or gestures.

Inappropriate behavior and/or violation of the code of conduct could result in immediate ejection. Repeat offenses or if an infraction is severe enough will result in being suspended from future games and league sponsored activities. There is a zero tolerance for fighting. Any person engaging in a physical altercation will be suspended indefinitely. All Volunteers must adhere to the City of Pasadena Athletics Division, Mission and Philosophy. The code of conduct applies to anyone attending an official game or practice.

PRACTICE AND GAME DATES

- Practices will begin two weeks before the first league game. Practices will be from 5:30pm-8:30pm at the designated game locations.
- Practice dates and times are picked by our volunteer coaches in collaboration with Parks and Recreation staff.
- All games will be played on Saturdays with some occasional Sundays, if necessary.
- The season will consist of 8 games over 8 weeks for all age divisions. The season may be extended due to any unforeseen cancellations.



PRACTICES

LOCATIONS

1. Pal Gymnasium

1. 2910 Southmore Ave

2. PISD School Gymnasiums

TIMES

**Practices are 1.5 hours long,
Monday-Friday anytime between
5:30PM - 8:30PM**



COACH INFORMATION

- All head coaches and assistant coaches must have an approved background check on file with the Athletics Division.
- Coaches Meeting will be held two weeks before season starts.
- All coaches will be given the code of conduct and regulations, and must abide by these for the duration of the season
- All coaches will be given their team rosters 2 weeks before season starts.
- Coaches will be given a day and time to pick up uniforms for their teams approximately 2 weeks before season begins



HIGHLIGHTS OF GAME RULES



1. **Team Composition:** Each team can have up to ten players, and teams are formed based on gender, age, school, siblings, and parent requests. Not all request will be approved.
2. **Game Duration and Structure:** Games consist of three quarters divided into six 3-minute segments, with the fourth quarter lasting six minutes. Players must rotate according to a pre-designed formula in the first three quarters, but any combination of five players can play in the fourth quarter and overtime. Exceptions to this rule will be only be given to 13 & 14 age division.
3. **Practice Rules:** Teams will practice twice per week, each practice lasting 1 hour and 15 minutes. Practices must occur only at designated locations, and players must attend at least one practice per week to be eligible to play in regular rotation.
4. **Overtime Rules:** The first overtime period will be a duration of 2 minutes, and if a tie remains, sudden death applies. For playoffs, two 2-minute overtime periods will be played, followed by sudden death if necessary.
5. **Full Court Pressing Restrictions:** No full court pressing is allowed in the Girls' Divisions, Boys' 7&8, and 9&10 Divisions. It is only allowed in the 4th quarter of Boys' 11&12 Division and throughout all quarters for the 13&14 Division, except when a team is up by 20 or more points.
6. **Forfeiture Rules:** If a team has fewer than five players attend a game, the game will be forfeited, although a game/forfeit can be played with four players.

*See rule book for more information

SCHEDULES & ROSTERS

- Practice and Game Schedules will be posted on the TeamSideline website and mobile app for all teams.
- Rosters will be available to see through the TeamSideline website and app.
- All communication from the Athletics Division will be exclusively delivered through the app to coaches and parents.

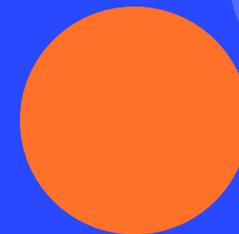
The screenshot displays the TeamSideline interface for the Pasadena Recreation (TX) team. The main content area shows the 'Standings' for the Youth Spring Co-ed Soccer - 9-10 Division. The table lists teams and their performance metrics.

Place	Team	W	L	T	GB	GP	PTS	Streak	Coach
	Battleground	0	0	0	--	0	0	--	Rubio
	Elite	0	0	0	--	0	0	--	Banda
	Gators	0	0	0	--	0	0	--	Loera
	Leones Negros	0	0	0	--	0	0	--	Jacques
	Lobos FC	0	0	0	--	0	0	--	Hernandez
	Pumas	0	0	0	--	0	0	--	Vega
	Real Madrid	0	0	0	--	0	0	--	Ponce
	Sharks	0	0	0	--	0	0	--	Revilla
	Spartans	0	0	0	--	0	0	--	Rodriguez
	Strikers	0	0	0	--	0	0	--	Flores

GB = Games Back, GP = Games Played.

HAVE FUN AND ENJOY THE GAME...

S IN EDUCATION



Thank you!

Laura Tovar - Recreation Specialist

Maria Alanis - Recreation Assistant

Dontae Johnson - Athletics Manager

Office: 713-848-5257

Email: athletics@pasadenatx.gov

