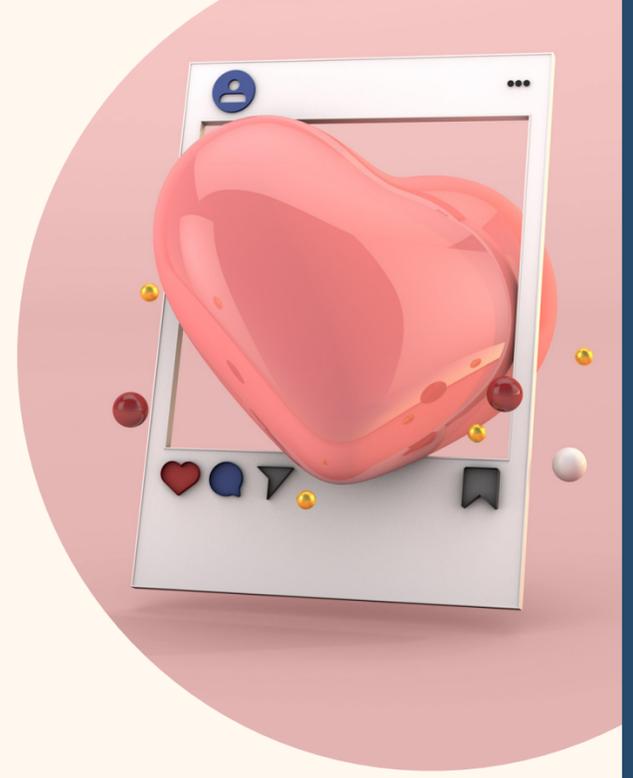


Jan 18, 2024

SIGN-IN

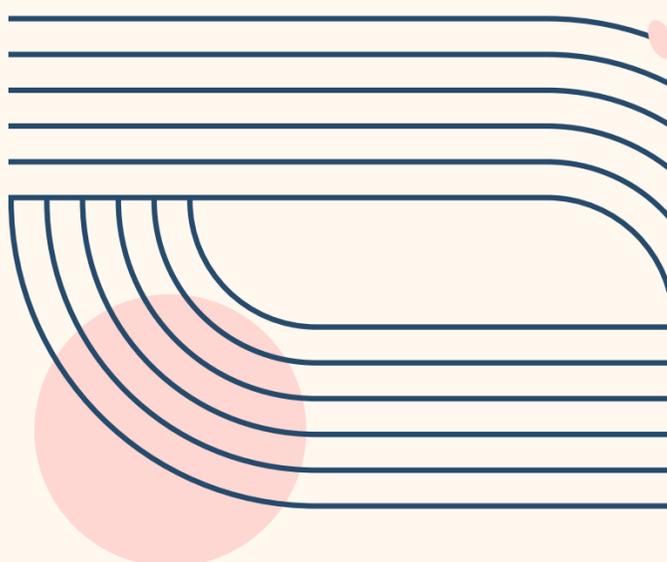


TODAY'S

Schedule

- 01 Introduction / Ice Breaker**
- 02 Wellness Wins - Eat Well**
- 03 Menti - What helps you?**
- 04 Presentation - VB Garden**
- 05 It's Time Texas**
- 06 BE Well Page + Healthy Guide**
- 07 MD Anderson Grant Items**
- 08 PISD Facility Updates**
- 09 Community Plugs**
- 10 Survey Results & Networking**

✦ EAT WELL ✦



Join at menti.com | use code 58547240

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Accept All **Reject All**

LETTUCE Introduce...



Mary Chano is our Vince Bayou Community Garden Leader! Mary is someone who enjoys teaching others and helping them grow. She is active in the garden herself, as well as attending workshops and giving tours.

1. What is the garden?
2. What is Mary's role?
3. Taste/Smell
4. How can you get involved?



It's Time Texas



¡UNETE AL DESAFÍO DE LA COMUNIDAD HOY!
Competencia gratuita y divertida de 8 semanas.

- Descarga la aplicación gratis
- Regístrate en el Desafío Comunitario
- Registra tus actividades saludables
- Compite para ganar premios

Regístrate en el Desafío Comunitario para ayudar a tu comunidad, distrito escolar, o organización a ganar.

#ITTCommunityChallenge @ItsTimeTX



JOIN THE Free, fun, 8-week health competition COMMUNITY CHALLENGE, TODAY!

- Download the Free App
- Sign Up for the Challenge
- Log Healthy Habits
- Compete and Win Prizes

Register for the Community Challenge to help your community, school district or organization win!

#ITTCommunityChallenge @ItsTimeTX

GROUP INFO

LET'S ALL SIGN-UP

SHARE!



Register

Be Well + Healthy Eating Guide

Be Well Communities Website Updates

New capacity-building resources have been added to the Be Well Communities landing page

- Tools for Community Organizations
 - Be Well Communities: Empowering Organizations to Select Evidence-Based Interventions for Cancer Control
 - Healthy Eating Guide
- Tools for Coalitions
- Tools for Schools
 - Information regarding the School Community of Practice and CATCH Global Foundation
 - The Sunbeatables® Program

www.MDAnderson.org/BeWellCommunities

Capacity Building Resources

Since 2017, the Be Well Communities team has provided over 6,000 hours of capacity building and technical assistance to community-based organizations to carry out evidence-based interventions with a focus on addressing upstream and non-medical drivers of health.

Tools for community organizations -

Be Well Communities: Empowering organizations to select evidence-based interventions for cancer control: Evidence-based interventions are programs, policies and strategies that have been proven to be effective in well-designed, rigorous research studies. To reduce the risk of cancer, it is critical to empower community-based organizations with evidence-based interventions, especially in communities with limited resources. This tool serves to support organizations, especially those who do not focus primarily on health, with selecting evidence-based cancer prevention and chronic disease interventions that can be implemented at the community level.

Healthy eating guide: Making the right food choices is a powerful cancer prevention tool. This resource guide is for community-based organizations in the Houston area, who serve individuals that want to learn more about healthy eating, cooking, gardening and related topics. The guide also contains resources that support access to food assistance programs.

Tools for coalitions +

Tools for schools +

MD Anderson Grants



SKATE PARK

In collaboration with Center Point Energy, a new skate park has gone up in Pasadena!



SHADE

Shade over the workout equipment at Strawberry Park and one structure at the skate park!



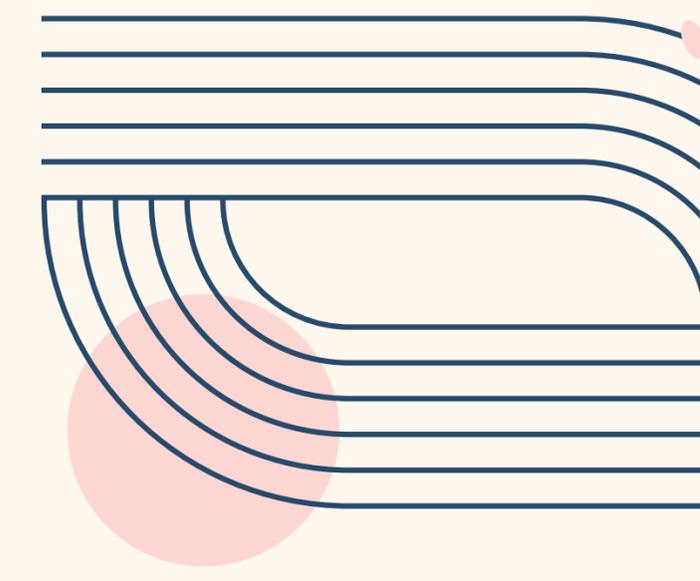
DRINKING FOUNTAINS

Drinking fountains were placed in 7 parks -- and look, it even has a dog bowl!



PLAYGROUND

The playground is brand new and it is made of recycled materials!

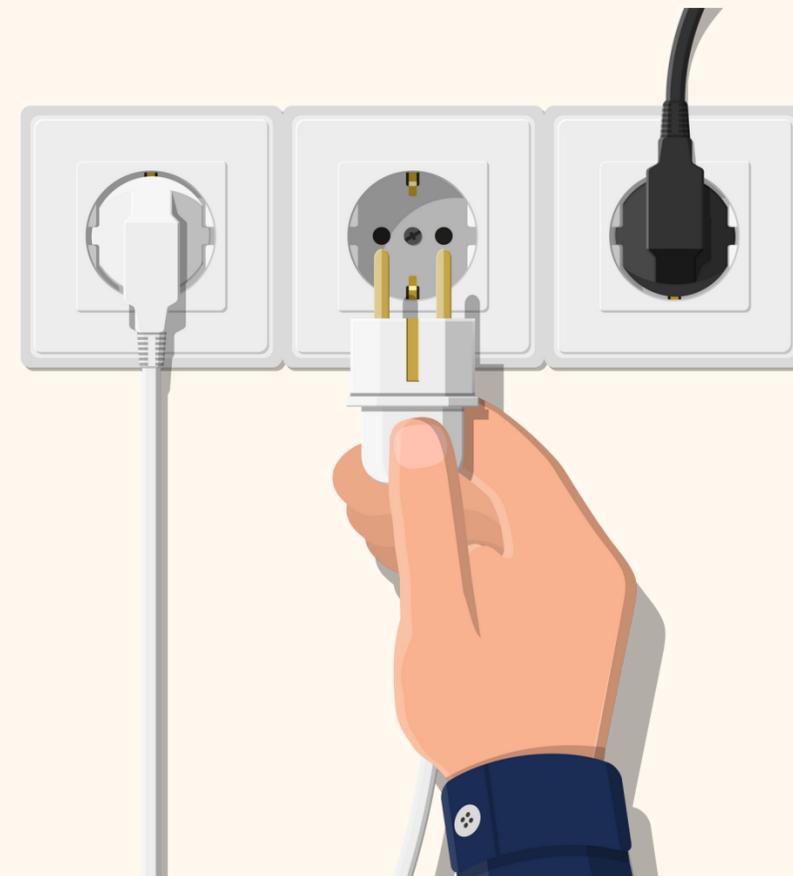
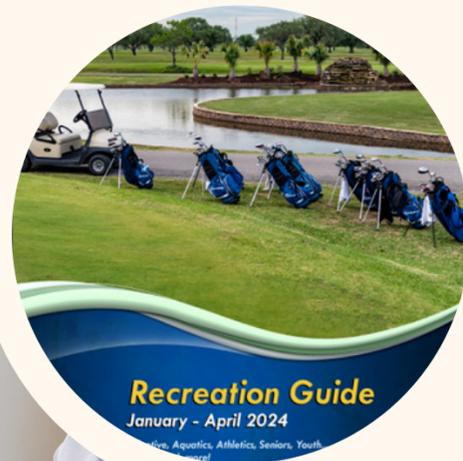


PISD Facility

Updates

Community Plugs

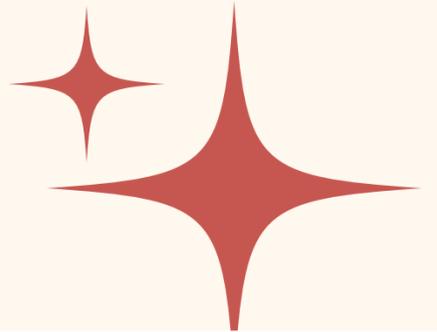
Share WITH US!



Pasadena Coalition Survey

- Administered by The University of Texas MD Anderson Cancer Center, Impact Evaluation Core
- September 2023
- Respondents: 8 survey completers

08



Survey Results

- Frequency & Format
 - Quarterly or monthly
 - In-person over virtual
- Topics
 - Presentations on free programs available (100%)
 - Program sustainability (50%)
 - Grant writing (12%)
 - Other??
- Desired Accomplishments
 - Build new partnerships (100%)
 - Share information (75%)
 - Gain input on specific projects (75%)
 - Other??

Michelle Blunt



Thank You



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