



**SCAN TO SIGN-IN**



City of Pasadena  
Parks and Recreation Department

# Partnership For A Healthy Pasadena



Date:

September 14, 2023  
1:00p.m.

Presented by:

The City of Pasadena  
Parks and Recreation Department

- **Introductions & Welcome Activity**
- **Whats happening in PARKS & REC?**
- **Guest Speaker:**
  - **Bay Area Council on Drugs & Alcohol**
- **Breakout Groups: Eat. Play. Learn**
- **Group Share & Announcements**
- **Networking**

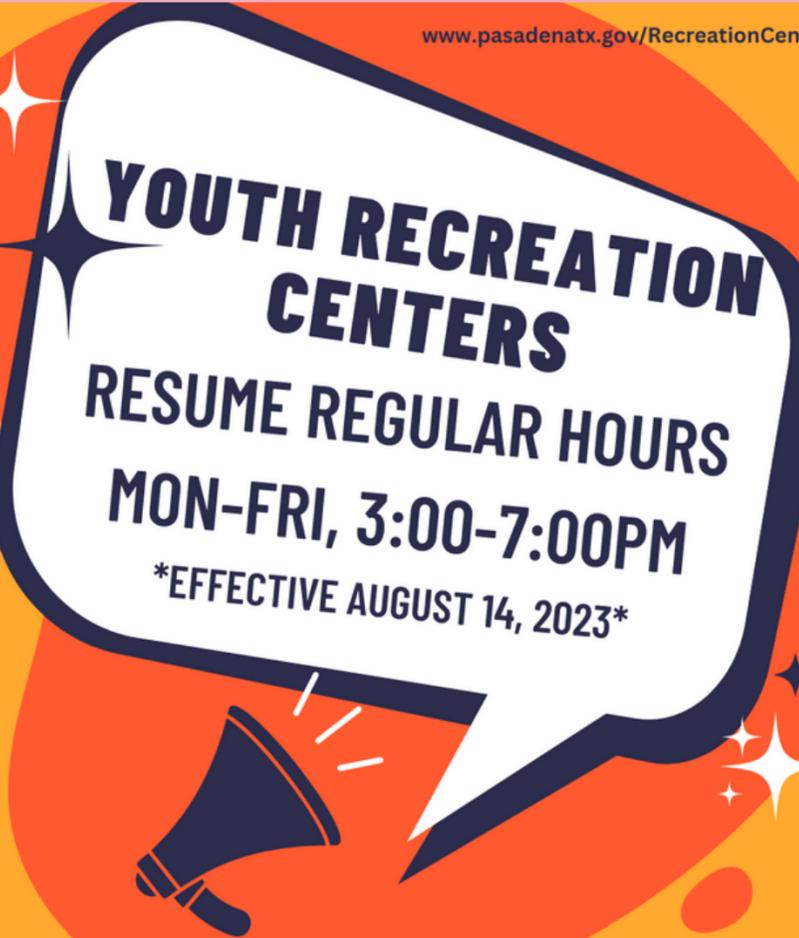




# Parks & Rec Happenings

# FOR THE KIDS

[www.pasadenatx.gov/RecreationCenters](http://www.pasadenatx.gov/RecreationCenters)



**YOUTH RECREATION CENTERS**  
RESUME REGULAR HOURS  
MON-FRI, 3:00-7:00PM  
\*EFFECTIVE AUGUST 14, 2023\*



  
JEFF A. WAGNER  
MAYOR

**PARKS & REC ATHLETICS**

**YOUTH BASKETBALL CLINIC**

**BOYS & GIRLS**  
Ages: 7-12  
Must be age as of Sept 1, 2023

**Tuesdays, 6:00-8:00pm**

**Program Dates:**  
October 31 - November 28

**REGISTRATION**  
September 25 - October 20  
In Person: Mon-Fri, 8:30a-4:30p   
Anytime: [www.pasadenatx.gov/register](http://www.pasadenatx.gov/register) 

**\$30 Residents, \$35 Non-Residents**  
Questions? Contact PAL Gym at: 713-848-5257 or [athletics@pasadenatx.gov](mailto:athletics@pasadenatx.gov)



**MONSTER MASH**

  
JEFF WAGNER  
MAYOR

  
WHATABURGER

  
Pasadena Parks & Recreation

**OCTOBER 28 ••• 1:00 - 4:00 P.M.**  
**PAL GYM (2910 SOUTHMORE)**

**ADMISSION: 1 NON-PERISHABLE FOOD ITEM (AGES 2 - 16) Free for adults.**  
\*\*Bring your own treat bag\*\*  
Costume Contest (Entry Deadline: 3 P.M.)  
Snacks available for purchase.

**EARLY ADMISSION FOR CHILDREN WITH SPECIAL NEEDS (11:30 A.M.)**  
For more information, please call: 713-475-7048.

# For the Adults:

## ADULT SOFTBALL LEAGUE

LEAGUE PLAY @ KIPPER MEASE SPORTS COMPLEX

Register: Now - Oct 2  
League: Oct 12 - Nov 23

[www.pasadenatx.gov/register](http://www.pasadenatx.gov/register)

**MEN'S LEAGUE. 2 LEVELS.  
TUESDAY & THURSDAY NIGHTS**



**\$375**  
Per Team  
6 Balls Included

Questions?  
Call PAL Gym at 713-475-1229  
or email [athletics@pasadenatx.gov](mailto:athletics@pasadenatx.gov)




## SAND VOLLEYBALL TOURNAMENT

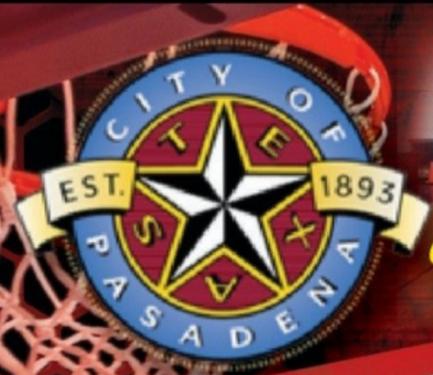
**Saturday  
Sept 23  
9:00a - 1:00p**

📍 Strawberry Park, 1104 Parkside



**Questions?**  
Contact PAL Gym  
713-848-5257 or  
[athletics@pasadenatx.gov](mailto:athletics@pasadenatx.gov)

- 🍴 Food Truck & Snow Cone Truck
- 🎈 Inflatable Games For All Ages
- 🏐 Adult Sand Volleyball Tournament - Free to Watch!



EST. 1893

*Presents*

## PASADENA MEN'S BASKETBALL CHAMPIONSHIP GAME

**FRIDAY - NOV 10, 2023**  
@ TOYOTA CENTER - HOUSTON, TX

GAME 1: 12:30 PM - 1:15 PM  
GAME 2: 1:30 - 2:15 PM

SEAT LOCATION	PRICE
Upper Endzone	\$24-\$34
Lower Endzone	\$54-\$58
Lower Corner	\$85-\$121
West Club	\$171
SUITE RENTALS	UPON REQUEST

Ticket prices include ticket to

 vs 

Doors open @ 6pm  
Tip-off @ 7pm

To order tickets click the link below  
[www.rockets.com/promocode](http://www.rockets.com/promocode)  
Use the promo code: **PALS23**  
**ALL SALES ARE FINAL**

For questions, contact Dolores Townley:  
[Dolorest@rocketball.com](mailto:Dolorest@rocketball.com)

### LEAGUE REGISTRATION INFORMATION

**AUG 7 - SEPT 1**  
[WWW.PASADENATX.GOV/REGISTER](http://WWW.PASADENATX.GOV/REGISTER)  
LEAGUE DATES: SEPT 16 - OCT 21  
**SATURDAYS @ PAL GYM**  
**\$375/TEAM**  
**AGES: 18+**  
QUESTIONS? [ATHLETICS@PASADENATX.GOV](mailto:ATHLETICS@PASADENATX.GOV)  
OR CALL PAL GYM: 713-848-5257

**Players must purchase a ticket to the Rockets game in order to play!**

# FOR KIDS and adults



Join us for the  
**Parks for Pollinators  
BIODBLITZ**

**Saturday, September 16  
9:00am - 1:00pm**

\*First 100 people will receive free admission!

**Armand Bayou Nature Center  
8500 Bay Area Blvd., Pasadena, TX**

**KARATE @ PAL GYM 2023**

**Monday Nights**

**Register:** Aug 14-Sept 25

**Classes:** Sept 11-Nov 27

**Age Groups:**  
5:30-6pm: → 4 years old  
6-7pm: → 5-11 years old  
7-8pm: → Adults (12+)

**\$60**  
(for the entire session)

[www.pasadenatx.gov/register](http://www.pasadenatx.gov/register)

**SAVE THE DATE**

Our annual Christmas Tree Lighting event is coming soon!

**Friday: Dec 1  
6-9pm**

\*Location: Municipal Court Parking Lots

# MD Anderson's PROJECTS



Spring green  
Spring green, spring green/white  
Spring green  
Spring green



 **CenterPoint<sup>®</sup>  
Energy**

THE UNIVERSITY OF TEXAS  
**MD Anderson  
Cancer Center**

Making Cancer History<sup>®</sup>

# Guest Speaker



**Emely Barajona. BACODA**

# Breakout Groups

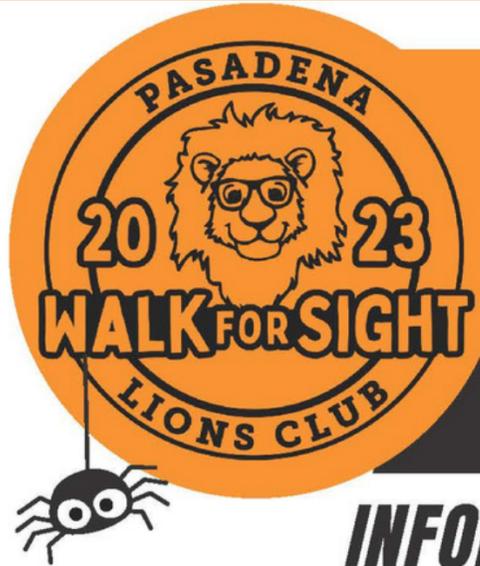




Group Recap



Feb 17-  
PHP Wellness  
Fair & Fun Run



# WALK FOR SIGHT

El evento "Walk for Sight", de The Lions Club es una caminata familiar que apoya programas comunitarios como Servicios de Salud y Educación Física, Salud y Bienestar en Pasadena ISD.

## OCT. 28, 2023

### INFORMACIÓN GENERAL



**CUANDO:** Oct. 28 - Inscripciones: 7:30 A.M. | Caminata: 8:00 A.M.

**QUÉ:** Sept. 11 - Oct. 28 - Ventana de Recaudación | Sept. 29, 3 P.M. - Fecha Limite de Camisetas

**DÓNDE:** Veterans Memorial Stadium - 2906 Dabney Pasadena, TX 77502

**QUIÉN:** Estudiantes de Pasadena ISD, Personal, Familias & Miembros de la Comunidad!

**CÓMO:** Sitio Web de [Walk for Sight](#), Código QR (arriba) y envía el texto WFS2023 al 50155

### ¡COMIENZA!

#### COMIENZA (CAMISETAS, PREMIOS, RECAUDACIÓN)

**Paso 1:** Elige cómo apoyarás a Walk for Sight

**Paso 2:** Seleccione una escuela para apoyar. Establece tus objetivos, completa tu información personal y elige una talla de camiseta

**Paso 3:** Configura tu página de recaudación de fondos

Camisetas serán repartidas a escuelas la semana de Octubre 23-27.

#### SOLO DONACIONES

**Paso 1:** Elige un destinatario

**Paso 2:** Elige el monto de la donación

**Paso 3:** Completa tu información personal

FECHA LIMITE DE CAMISETAS

## SEPT. 29, 2023

## ¡TE ESPERAMOS!

COMPARTE TUS FOTOS EN REDES CON #WALKFORSIGHT2023.



En colaboración con:



¿PREGUNTAS? LLAMANOS AL: 713-740-0126

# walk for sight



TEXAS IS BEST WHEN TEXANS ARE HEALTHY



# About It's Time Texas

It's Time Texas is a statewide nonprofit working to bring people, organizations and communities together to take action that supports health for all, now and for generations to come.

We believe *where* you live should not determine how *long* you live. That's why we're working to reduce the risk of preventable diseases while increasing access to health for *all* Texans.

Why It's Time

Our Mission

Our Vision

Our Team



# Women On The Move!

**Women on the Move is a research study to help women become more physically active.**

Programs on being more active, working with a health coach and health tips!



*Join Women on the Move!*

- What:** Physical activity programs
- When:** Starting now! Call to enroll
- How:** Three study visits at a local community center, health bulletins and health coaching depending on assigned group

*Why Participate?*

- Health screening
- Help you be more active
- Gift cards and a Fitbit
- All at no cost to you!

*Who can participate?*

- Women ages 18-65 years
- Able to read and speak in English or Spanish
- Participate with one eligible adult female partner who does not live in your household
- Live in the greater Houston area

Contact **713-745-1060** or email us at [womenonthemove@mdanderson.org](mailto:womenonthemove@mdanderson.org).

For more information, please access the following QR code or the link: <https://redcap.link/g7r6xseo>.

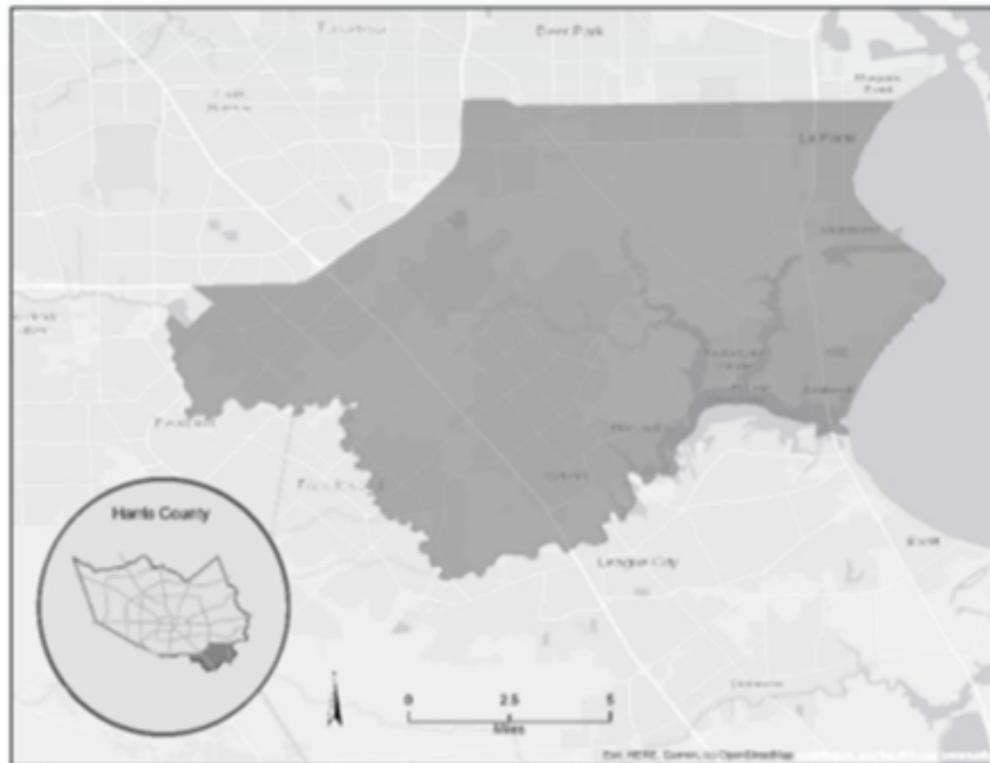


Dr. Larkin Strong, PhD, MPH



# HARRIS COUNTY!

## PROJECT OVERVIEW



- Area of Study – In Harris County from Galveston Bay west to Beltway 8 and Clear Creek, and to south along Clear Creek and Clear Lake county line, and north to Spencer Highway.

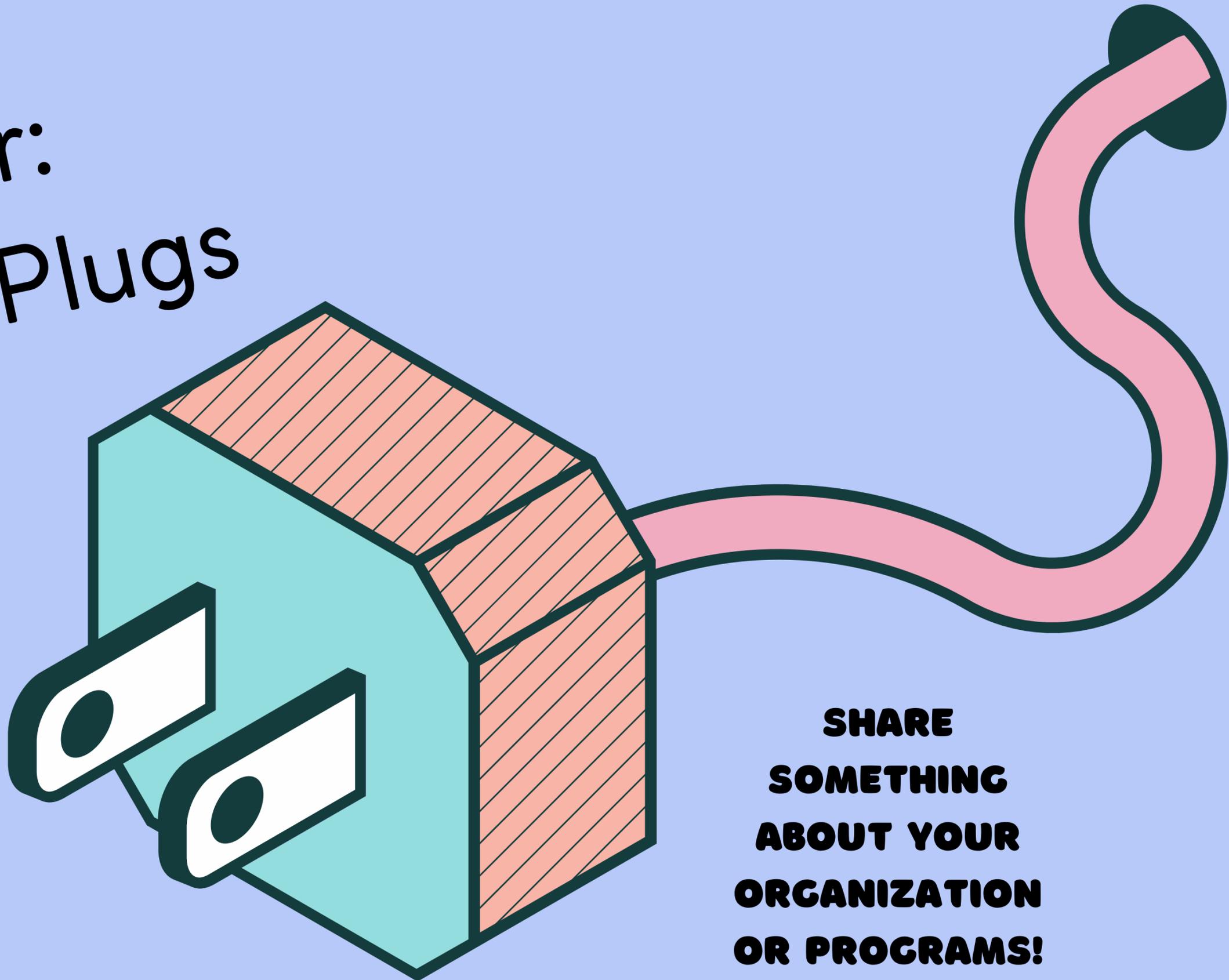
- Cities

- Seabrook
- Taylor Lake Village
- Nassau Bay
- Webster
- Friendswood
- La Porte
- Pasadena
- League City
- Pearland



- Extensive Public Engagement
- Transportation Safety and Equity
- Quantified Benefits
- Actionable Implementation Plan

# Time For: Shameless Plugs



**SHARE  
SOMETHING  
ABOUT YOUR  
ORGANIZATION  
OR PROGRAMS!**

# Partnership for a Healthy Pasadena (PHP)

## Group Website

[www.pasadenatx.gov/php](http://www.pasadenatx.gov/php)

## Phone Number

713-475-4819

## Email Address

[PHP@pasadenatx.gov](mailto:PHP@pasadenatx.gov)



December 14

East Harris County

Activity Center

1-230pm

