



Scan Code to Sign In For This Meeting!



City of Pasadena  
Parks and Recreation Department

# Partnership for a Healthy Pasadena

Date:  
October 27, 2022  
1:30 PM - 2:30 PM

Presented by:  
The City of Pasadena  
Parks and Recreation Department



- Welcome Activity
  - Terrance, MD Anderson
- Break Into Working Groups
- Working Groups Share Info
- Community Announcements
- Speaker: Don Ntuk - ADPKD
- Wrap-Up & Networking

**Theme:  
Water, Joy, &  
Eating Well**

# Icebreaker

# Break Out Into Working Groups

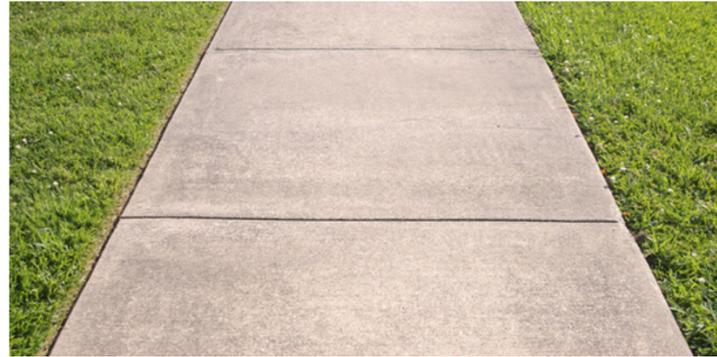


# Increase Physical Activity -

Alise Neff, Amber Macneish, &  
Trina Rodriguez

**01**

Improve and increase infrastructure to support physical activity and active transportation



**02**

Create more opportunities for community activities for health



**03**

Increase enrichment programs for youth in the city



# Increase Access to Healthy Foods -

Katy Oestman

**01**

Increase nutrition education opportunities for targeted audiences



**02**

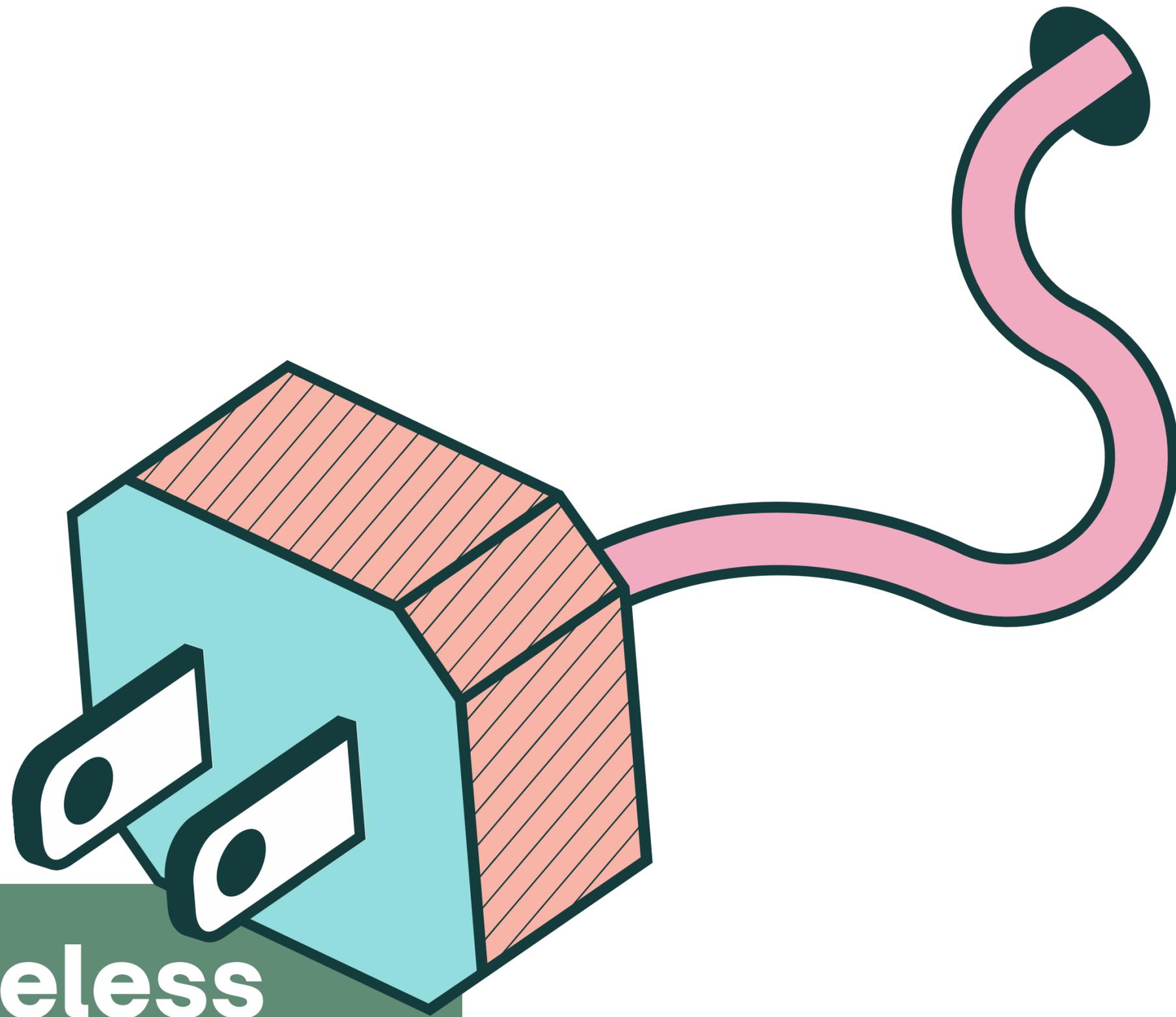
Assess healthy food access points and increase access where needed



**03**

Partner with Houston Food Bank to increase food distribution





# Shameless Plugs



# Harris County Updates

225  
TEXAS



You are Invited to a  
*Virtual Public Meeting  
with In-Person Options*

### VIRTUAL

Tuesday, October 18, 2022  
5 p.m. through Monday,  
November 14, 2022 at 11:59 p.m.

[www.txdot.gov](http://www.txdot.gov)  
keyword search "SH 225 and  
I-610 East PEL"

### IN-PERSON

Thursday, October 20, 2022  
5-7:30 p.m.

Our Lady Star of the Sea  
Catholic Church  
1401 Fidelity Street  
Houston, Texas 77029

Tuesday, October 25, 2022  
5-7:30 p.m.

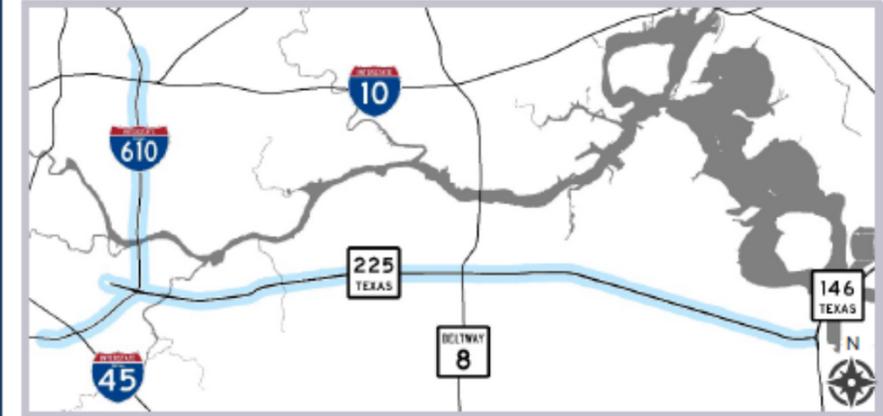
Deer Park First Baptist Church  
438 E. 8th Street  
Deer Park, Texas 77536

Thursday, October 27, 2022  
5-7:30 p.m.

Pueblo's Royal Christian School  
1600 Pasadena Boulevard  
Pasadena, Texas 77502



## Public Meeting: SH 225 and I-610 East Planning and Environmental Linkages (PEL) Study



### PEL Study Description

The Texas Department of Transportation (TxDOT) is conducting a PEL Study on SH 225 from I-610 East to SH 146 and on I-610 East from Telephone Road to Gellhorn Drive in Harris County, Texas. TxDOT is conducting a virtual public meeting with in-person options to introduce the PEL study and engage with the public.

To view the Virtual Public Meeting please  
visit:

[www.txdot.gov](http://www.txdot.gov), keyword search  
"SH 225 and I-610 East PEL"

or

Scan the QR code with your mobile device

A survey will be available to collect your input on  
transportation needs within the PEL study area



The public meeting will include a pre-recorded narrated video presentation as well as a survey and exhibits. The narrated presentation will be conducted in English and Spanish. Persons who have special communication or accommodation needs are encouraged to contact TxDOT at (713) 802-5560. Requests should be made no later than 4 p.m. on Thursday, October 13, 2022. Every reasonable effort will be made to accommodate these needs.



# San Jac Updates

**SAN JACINTO COLLEGE**  
CPD COMMUNITY ENGAGEMENT

**2022 SENIOR WELLNESS EXPO**

**FREE Food! GIVEAWAYS! DOOR PRIZES!**

**FREE HEALTH SCREENINGS & VACCINES**

**OVER 20 COMMUNITY SERVICE PROVIDERS**

**JOIN US AS WE HONOR OUR VETERANS AND LEARN ABOUT COMMUNITY HEALTH AND WELLNESS RESOURCES**

**HEGWOOD LAW GROUP**  
Trusts | Estates | Probate | Elder Law | Family  
Guiding Your Family's Future

**MAB Insurance Agency**

**abc dental**  
FAMILY DENTISTRY

**HOUSTON Methodist**  
LEADING MEDICINE

**BakerRipley**  
Community Developers

**HOUSTON HOSPICE**  
Life Matters

**OAK STREET HEALTH**

**United Way**

**HARRIS COUNTY PRECINCT 2**

**Walgreens**

**DEPARTMENT OF VETERANS AFFAIRS**  
UNITED STATES OF AMERICA

An Equal Opportunity Institution

**Date:** Friday, November 11, 2022  
**Time:** 9 AM – 2 PM  
**Location:** San Jacinto College  
Central Campus  
8060 Spencer Highway  
Pasadena, TX 77505  
Building C.1-102  
Interactive Learning Center

**RESERVE YOUR TICKET TODAY!**

**Call :** 281.478.3672 Opt. 1 or 281.476.1893  
**Email:** [Community.Engagement@sjcd.edu](mailto:Community.Engagement@sjcd.edu)



# Ribbon Cutting



# Music & Movie In The Park



# Athletics Division (PAL Gym)

## Youth & Adult Sports

**PASADENA PARKS & REC  
 ATHLETICS DIVISION**



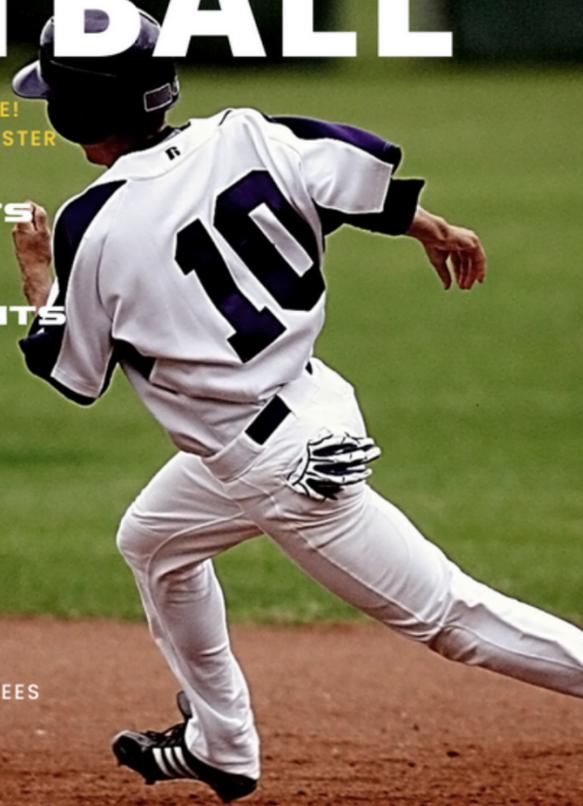
# MEN'S SOFTBALL

REGISTRATION NOW AVAILABLE!  
[WWW.PASADENATX.GOV/REGISTER](http://WWW.PASADENATX.GOV/REGISTER)

**TUESDAY NIGHTS**  
 MEN'S LEAGUE  
 OCTOBER 18 - NOVEMBER 29

**THURSDAY NIGHTS**  
 MEN'S LEAGUE  
 OCTOBER 20 - DECEMBER 1

**\$375**  
**PER**  
**TEAM**  
\*INCLUDES 6 BALLS & UMPIRE FEES



Need more info? Scan QR Code or visit:  
[www.pasadenatx.gov/athletics](http://www.pasadenatx.gov/athletics)



CITY OF PASADENA - PARKS & REC - ATHLETICS DIVISION  
[WWW.PASADENATX.GOV/ATHLETICS](http://WWW.PASADENATX.GOV/ATHLETICS)



**\$200**  
 TEAM FEE



# VOLLEYBALL

## LEAGUE

**AGES 18+ REGISTER: OCT 7 - NOV 4**

**WEDNESDAYS: INTERMEDIATE - START NOV 9**  
**THURSDAYS: COMPETITIVE - START NOV 10**

[WWW.PASADENATX.GOV/REGISTER](http://WWW.PASADENATX.GOV/REGISTER)



**PARKS & REC  
 ATHLETICS**

## YOUTH BASKETBALL LEAGUE

**BOYS & GIRLS, AGES 7-12**

**REGISTRATION:**  
 OCTOBER 31 -  
 DECEMBER 3

**GAME PLAY:**  
 SATURDAYS  
 JANUARY 28 -  
 MARCH 11

**\$45 RESIDENT**  
**NON-RESIDENT \$50**

**REGISTRATION FEE INCLUDES A T-SHIRT**

Register Online: [www.pasadenatx.gov/register](http://www.pasadenatx.gov/register)



# PICKLEBALL

## 9:00AM

**AGES: 18+. NO REGISTRATION NEEDED.**

**TUESDAYS,  
 THURSDAYS, &  
 FRIDAYS:**  
**@ PAL GYM**

**THE BASICS:**

- Combines many elements of:
  - tennis, badminton and ping-pong.
- Played as doubles or singles.
- Can be enjoyed by all ages and skill levels.
- Played on a badminton-sized court with a slightly modified tennis net, using a paddle and ball with holes.





# Christmas Tree Lighting Friday, December 2

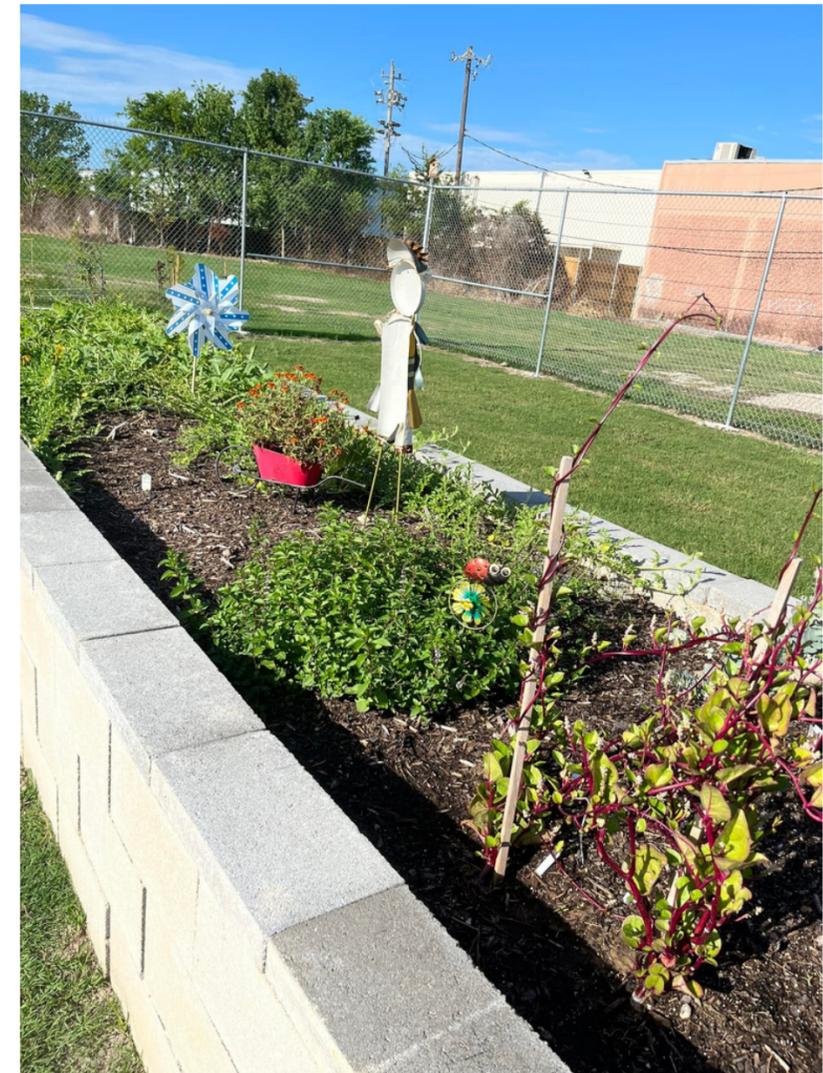
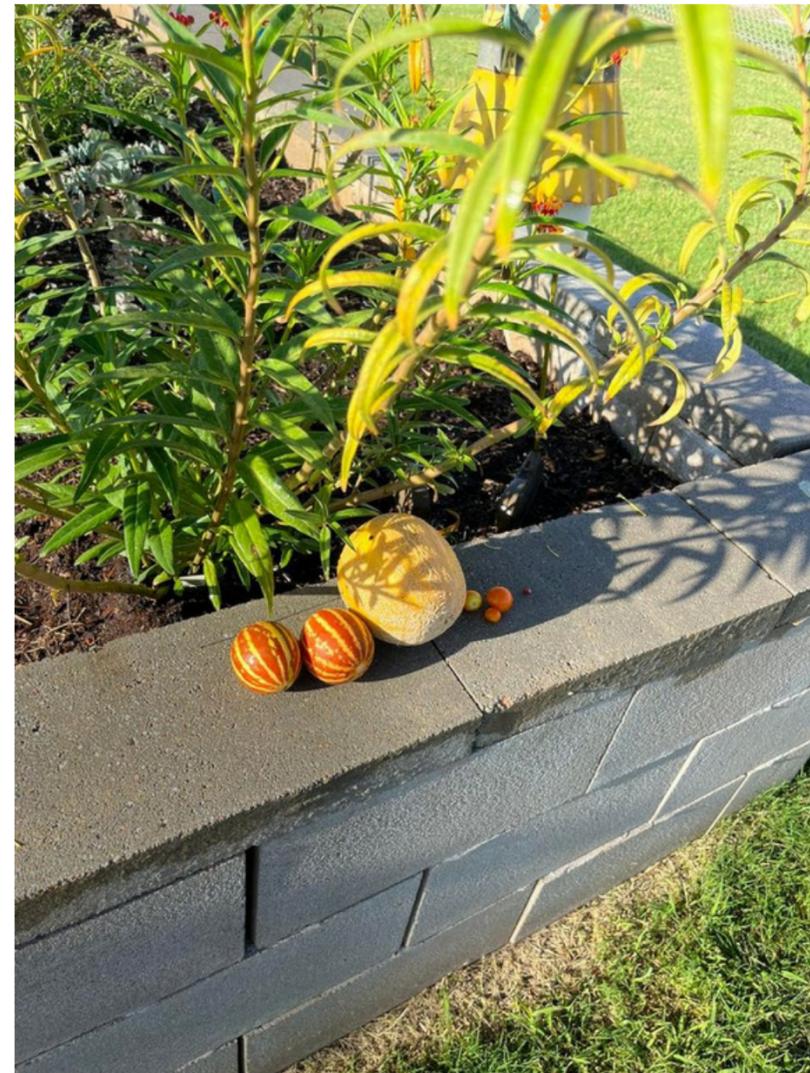


# Holiday Lighted Parade Saturday, December 3



# Vince Bayou Community Garden

## More Beds - More Space for YOU!





# Park Projects



1298 W Southmore Ave, Pasadena, TX 77502



7102 Crenshaw Rd, Pasadena, TX 77505



City of Pasadena  
Parks and Recreation Department

# Monster Mash @ PAL Gym

**\*This SATURDAY!**

**CANDY** **GAMES**

THE CITY OF PASADENA AND WHATABURGER PRESENT:

# MONSTER MASH

**OCTOBER 29**  
**1:00 - 4:00 P.M.**  
**AT PAL GYM**  
**(2910 SOUTHMORE)**

**ADMISSION: 1 NON-PERISHABLE FOOD ITEM, (ADULTS ARE FREE). CHILDREN AGES 2 - 16; PARENTS ARE FREE**

This family-friendly event features favorite games and some new challenges. A costume contest will be held throughout the event, but all entries must be received by 3:00 p.m. Early entry between 11:30 a.m. - 12:30 p.m. for children with special needs.

Please bring your own trick-or-treat bag. Concessions will be available for purchase.

For more information, please call: 713-475-7048.





City of Pasadena  
Parks and Recreation Department

**I will have a car --  
anyone want to join?**

**\*This MONDAY!**

**PASADENA TEXAS POLICE**

**CITY OF PASADENA EST. 1893**  
**JEFF WAGNER**  
MAYOR

# TRUNK OR TREAT

**PASADENA STATE OF TEXAS POLICE**

**FREE ENTRY!**

**MONDAY, OCTOBER 31<sup>ST</sup>**  
**6:00 TO 8:00PM**  
**CITY HALL PARKING GARAGE 1149 ELLSWORTH**

Bring the whole family to "Trunk or Treat" with the Pasadena Police Department and City of Pasadena personnel. There will be emergency vehicles decorated and officers will pass out candy!

**For more information please call: 713-475-7025**



**Our Speaker: Don Ntuk**

# Understanding Your Kidneys and Kidney Disease

**You, Your Mom, Dad, Sister, Brother, & Cousin Too.**

Learn more about ADPKD, which is a kidney disease that can happen in families of any race or ethnicity, including Black and Hispanic/Latino families. Know the signs and symptoms.



# Next Steps & Networking

# Partnership for a Healthy Pasadena (PHP)

## Next Meeting



....2023

### Group Website

[www.pasadenatx.gov/php](http://www.pasadenatx.gov/php)

### Phone Number

713-475-7048

### Email Address

[PHP@pasadenatx.gov](mailto:PHP@pasadenatx.gov)



*Water, Joy,  
& Eating Well*