

FEBRUARY 2020

Programming For People With Disabilities

Verne Cox Multipurpose Recreation Center (VCMRC)

5200 Burke Road, Pasadena, TX 77504

Website: www.pasadenatx.gov/vcmrc Phone: 281.487.1755



Program & Lottery Registration Dates:

February 3 - February 6
◆ Brunch & Books (\$)

February 3 - February 14
◆ Teen Night Out (\$)

February 3 - February 26
◆ PHP: February Spotlight

February 10 - February 13
◆ Snack For A Hero (Item)
◆ Explorers (\$)



Please Take Notice Of:
New Program Times
&
Daily Building Hours

*In order to attend **BOLDED** and **UNDERLINED** programs, prior registration is required at the VCMRC office. All program descriptions are listed on the back of this calendar.*

Mon	Tue	Wed	Thu	Fri
	<p>*** NEW *** LOTTERY REGISTRATION FOR: <u>Brunch & Books</u> <u>Explorers</u> <u>Snack For A Hero</u></p>		<p>*** SENSORY *** *** SATURDAY *** Feb. 15 10:00a-12:00p See reverse side for details!</p>	
<p>3 Building Hours: 9:30-5:30</p> <p>10:30-11:15: Kickball 1:00-1:45: Let's Sing 2:00-2:30: VC Social <u>3:30-5:30: Afterschool</u></p>	<p>4 Building Hours: 9:30-5:30</p> <p>10:30-11:15: Show & Share 1:00-1:45: Zumba 2:00-3:00: STAFF MEETING <u>3:30-5:30: Afterschool</u></p>	<p>5 Building Hours: 9:30-6:30</p> <p>10:30-11:15: Bingo For Bucks 1:00-1:45: Gym Games 2:00-2:30: VC Social <u>3:30-5:30: Afterschool</u></p> <p><u>*THEATRE CLASS*</u></p>	<p>6 Building Hours: 9:30-6:30</p> <p>10:30-12:30: Movie & Popcorn 1:00-1:45: Word Games 2:00-2:30: VC Social <u>3:30-5:30: Afterschool</u></p> <p><i>* WC SOCCER *</i></p>	<p>7 Building Hours: 9:30-4:30</p> <p>10:00 - 4:00 Open Gym</p>
<p>10 Building Hours: 9:30-5:30</p> <p>10:30-11:15: Kickball 1:00-1:45: Let's Sing 2:00-2:30: VC Social <u>3:30-5:30: Afterschool</u></p>	<p>11 Building Hours: 9:30-5:30</p> <p><u>*BRUNCH & BOOKS*</u></p> <p>2:00-3:00: STAFF MEETING <u>3:30-5:30: Afterschool</u></p>	<p>12 Building Hours: 9:30-6:30</p> <p>10:30-11:15: Bingo For Bucks 1:00-1:45: Gym Games 2:00-2:30: VC Social <u>3:30-5:30: Afterschool</u></p> <p><u>*THEATRE CLASS*</u></p>	<p>13 Building Hours: 9:30-6:30</p> <p>10:30-12:30: Movie & Popcorn 1:00-1:45: Word Games 2:00-2:30: VC Social <u>3:30-5:30: Afterschool</u></p> <p><i>* WC SOCCER *</i></p>	<p>14 Building Hours: 6:15-8:30</p> <p><u>*SNACK FOR A HERO*</u></p> <p>6:30-8:30: Monthly Dance (\$1) <u>Theme:</u> Be My Valentine</p>
<p>17 Building Hours: 9:30-5:30</p> <p>10:30-11:15: Kickball 1:00-1:45: Let's Sing 2:00-2:30: VC Social</p> <p><i>*NO AFTERSCHOOL*</i></p>	<p>18 Building Hours: 9:30-5:30</p> <p>10:30-11:15: Show & Share 1:00-1:45: Zumba 2:00-3:00: STAFF MEETING</p> <p><i>*NO AFTERSCHOOL*</i></p>	<p>19 Building Hours: 9:30-6:30</p> <p>10:30-11:00: Bingo DRAWING</p> <p><u>*EXPLORERS*</u></p> <p><u>3:30-5:30: Afterschool Trip</u></p> <p><u>*THEATRE CLASS*</u></p>	<p>20 Building Hours: 9:30-6:30</p> <p>10:30-12:30: Movie & Popcorn 1:00-1:45: Word Games 2:00-2:30: VC Social 2:30-2:45: Passport Drawing <u>3:30-5:30: Afterschool</u></p> <p><i>* WC SOCCER *</i></p>	<p>21 Building Hours: 9:30-4:30</p> <p><u>*TEEN NIGHT OUT*</u></p>
<p>24 Building Hours: 9:30-4:30</p> <p>10:00 - 4:00 Open Gym</p> <p><i>*NO AFTERSCHOOL*</i></p>	<p>25 Building Hours: 9:30-4:30</p> <p>10:00 - 4:00 Open Gym</p> <p><i>*NO AFTERSCHOOL*</i></p>	<p>26 Building Hours: 9:30-4:30</p> <p>10:00 - 4:00 Open Gym</p> <p><i>*NO AFTERSCHOOL*</i> <i>*NO THEATRE CLASS*</i></p>	<p>27 Building Hours: 6:00-8:00</p> <p><u>NO PROGRAMS</u></p> <p>6:15-8:00: PHP Spotlighting Resources</p> <p><i>*WC SOCCER*</i></p>	<p>28 Building Hours: 9:30-4:30</p> <p>10:00 - 4:00 Open Gym</p>

Facebook: Verne Cox Multipurpose Recreation Center **Email:** mrc@pasadenatx.gov **Instagram:** VCMRC_PASADENA

All programs are for registered participants who have updated paperwork on file at the VCMRC. Schedule subject to change without notice.

Mission: To provide affordable recreation programming, innovative therapeutic recreation services and an outlet to promote healthy use of leisure time for people with disabilities.

February 2020 - PROGRAM DESCRIPTIONS

DROP IN PROGRAMS: Supplies are on a first come, first served, basis.

- Bingo For Bucks*:** This drop-in program will focus on playing various games of bingo, to win BUCKS to use at end of session drawing on Feb 19!
 Bingo DRAWING: You must have won BINGO BUCKS in order to participate in the Bingo DRAWING.
- Gym Games*:** This drop-in program will focus on playing physically active games in the gym that involve running/rolling, walking, etc.
- Kickball*:** This drop-in program will focus on playing kickball outside on the softball field. Dress for the weather!
- Let's Sing*:** This drop-in program will focus on karaoke-like singing in a fun and encouraging atmosphere. Songs limited to 2.5 minutes.
- Monthly Dance:** The dance will take place on the **2nd FRIDAY** of this month (February 14). Cost: \$1. Theme: **Be My Valentine**
- Movie & Popcorn:** This drop-in program will be held in the game room. The VCMRC will provide popcorn.
 Feb 6: Sister Act Feb 13: It Could Happen To You Feb 20: E.T.
- Open Gym:** This is **NOT** a staff lead program. During this time, items will be out in the gym for participants to use at their own leisure.
- Program Passport / Passport Drawing:** Come on time and stay for the duration of any program denoted with an asterisk (*) and receive a stamp in your program passport book! Collect stamps to be entered into a monthly drawing to win prizes for participation!
- Sensory Saturday:** This program will provide a variety of sensory experiences for individuals who need one to one assistance with leisure and recreation activities. **Parent/Guardian must supervise and guide participant throughout program.** Program takes place from 10:00a.m.-12:00p.m. on Saturday, February 15, in the VCMRC gym.
- Show & Share*:** This drop-in program will focus on learning about other people in the group. **BRING ITEMS TO SHOW THE GROUP.** Please only bring items according to each week's theme - **DO NOT BRING LIVE ANIMALS.**
 Feb 4: A picture or item that you LOVE! Feb 18: A picture of a favorite place or trip!
- Staff Meeting:** This is a time for the VCMRC staff to have a meeting. Phones will not be answered during this time – please leave a message.
- VC Social:** This drop-in program will focus on socializing with staff. No structured activities during this time.
- WC Soccer:** This drop-in program will focus on playing the sport of soccer, while using a sports wheelchair (WC), from 6:30-8:30p.m.
- Word Games*:** This drop-in program will play various word games such as Wheel of Fortune, Hangman, Word Searches, etc.
- Zumba*:** This drop-in program will focus on exercising while dancing to fun, upbeat music. Certified Zumba Instructor: Nicolle McGee

REGISTRATION REQUIRED PROGRAMS:

In order to attend **BOLD** and **UNDERLINED** programs, prior registration is required at the VCMRC office! Must be a minimum of 5 registered participants.

- Afterschool:** This registration required program designed for youth and teens, ages 5 – 17, is an extension of the school day focusing on socialization and recreation. You must apply for this program at the VCMRC office. Applications reviewed on a monthly basis (Sept-Mar).
- Brunch & Books (Lottery Drawing):** You can register for a spot in the **Brunch & Books Lottery**. On Friday, after registration ends, the Verne Cox staff will draw names and notify participants that registered for the Lottery. If your name was drawn, you will need to bring **\$15 in cash (exact amount) the day of the outing** (no cash, no trip). This program will take place on Tuesday, February 11, from 9:45a.m.-12:45p.m. The group will take a trip to Peña's Donuts & Diner for brunch and then to a local Target to expose participants to various literature opportunities.
- Explorers (Lottery Drawing):** You can register for a spot in the **Explorers Lottery**. On Friday, after registration ends, the Verne Cox staff will draw names and notify all participants that registered for the Lottery. If your name was drawn, you will need to bring **\$25 in cash (exact amount) the day of the outing** (no cash, no program). This program will take a trip to Painting with a Twist – Pasadena! Outing takes place on Wednesday, February 19 from 12:00 – 3:00 p.m.
- Parents Helping Parents (PHP) Spotlighting Resources:** This program is a FREE resource presentation, held monthly at the VCMRC, in conjunction with the Pasadena Independent School District. **Supervised Open Gym ONLY AVAILABLE for registered attendees that are over the age of 3 and cannot be left unsupervised at home!** Please register via the link sent to your email. To have your email added to our list, please call 281-487-1755. Doors open at 6:00p.m. **English Session: 6:15-7:00p.m. Spanish Session: 7:15-8:00p.m.**
February Speaker: Next Step Transition Center & Special Olympics
- Snack For A Hero:** You can register for a spot in the **Snack For A Hero Lottery**. On Friday, after registration ends, the Verne Cox staff will draw names and notify participants that registered for the Lottery. If your name is drawn, you will make Valentine's themed snacks at the VCMRC and then deliver them to local law enforcement officials. If your name is drawn you will also be assigned to bring one of the following items on the day of the program: Lifesavers, Starbursts, Kisses, Gum, Tootsie Rolls, Peppermint Patties, or Mounds. This program will take place on Friday, February 14, from 2:00-6:00p.m. **If you plan to stay for the dance after we get back from the outing, bring food to eat for dinner (at the VCMRC) when we return at 6:00p.m.**
- Teen Night Out:** This outing is for participants between the ages of 13-17. If 1:1 is required, aide must attend outing with participant. Outing takes place on Friday, February 21 from 5:30-8:30pm. This outing will take a trip to Painting with a Twist – Pasadena for paint your pet night. Pet pictures required at registration. Eat dinner prior to drop-off at the VCMRC. Snack provided. **Please bring \$25 cash to registration.**
- Theatre Class:** Final performance will be on Wednesday, March 18 @ 7:00p.m. in the VCMRC gym. Performing Lion King, Jr. - Free to attend.

<u>Program Name:</u>	<u>Registration Dates:</u>	<u>Program Dates:</u>	<u>Program Time:</u>	<u>PPT Max:</u>	<u>Cost:</u>
Brunch & Books	Feb 3 – Feb 6	Tuesday, Feb 11	9:45.m. – 12:45p.m.	12	\$15 (cash only)
Teen Night Out	Feb 3 – Feb 14	Friday, Feb 21	5:30 – 8:30p.m.	8	\$25 (cash only)
PHP: Spotlight	Feb 3 – Feb 26	Thursday, Feb 27	6:00 – 8:00p.m.	20	FREE
Snack For A Hero	Feb 10 – Feb 13	Friday, Feb 14	2:00 – 6:00p.m.	12	BRING ITEM
Explorers	Feb 10 – Feb 13	Wednesday, Feb 19	12:00 – 3:00p.m.	12	\$25 (cash only)