



The City of Pasadena Aquatic's Department

Summer 2019

Water Exercise Programs

June 10th-August 16th



Lap Swimming***River Walking***Aqua Jogging***Water Aerobics

Strawberry Water Park

Lap Swimming

M - F

6:00am - 7:45am

River Walking

M - F

8:00am - 8:45am

9:00am - 9:45am-Full

Reserved for "Exercise for Life"

10:00am - 10:45am



Red Bluff Pool

Aqua Jogging / Water Aerobics

T - F

7:00pm - 8:00pm

Season Pass:

\$30.00 Resident/\$45.00 Non-Resident per Person - 1 water exercise program

\$45.00 Resident/\$60.00 Non-Resident per Person - All exercise programs

\$2.00 for Any Class

Cyan Arredondo- Cert. Water Aerobics Inst. 713-948-0322