

September 2024



CENTER HOURS:
MONDAY - FRIDAY
8 am - 4 pm
Madisonjobe@pasadenatx.gov
1700 Thomas Ave
Pasadena, TX 77506
713-848-5347 office
713-477-0111 fax

The Madison Jobe Senior Center is a recreation facility designed for our 50+ population in the Pasadena and surrounding communities. Whether you are working, semi-retired, or retired, we offer a variety of great leisure, educational and personal development opportunities for you. Our programs offer activities that encourage and support health, creativity, and social interaction for active adults. Our staff takes pride in providing a fun and safe environment for members to keep fit, play, socialize and create lasting friendships.

ANNOUNCEMENTS

- Center will be closed on Monday, September 2nd for Labor Day
- Callin' all cowboys and cowgirls! Grab your best Western attire and join us for our Rodeo Roundup Party on September 20th, at 11am. [Registration is required.](#)
- **All programming subject to change.**

SEPTEMBER MONTHLY TO-DO'S

BINGO - Wednesdays, September 4th and 25th, at 1 pm. Come join us for loads of fun with great prizes, good company, and refreshments. [Registration is required.](#)

LUNCH BUNCH - Friday, September 6th and Thursday, September 26th. We will eat at Teotihuacan, located at 1511 Airline Dr. in Houston. Vans leave the center at 10:30 am. **You must pay for your own lunch.** [Registration is required.](#)

CHRISTIAN MOVIE - Tuesday, September 10th, at 1 pm. "Miracles from Heaven" PG (2016). In this inspiring true story, a mother (Jennifer Garner) searches for hope and a cure when she discovers her daughter has a rare disease.

PICKLEBALL - Wednesdays, September 11th and 25th, at Pal Gym. Van leaves Madison Jobe at 8:45 am or you can drive yourself. Pickleball is an indoor or outdoor racket/paddle sport in which two players, or four players, hit a perforated hollow plastic ball over a 34-inch-high net in the middle using solid-faced paddles. [Registration is required.](#)

LOTERIA - Wednesday, September 11th, at 1 pm. Loteria is a traditional game of chance, similar to BINGO, but using images on a deck of cards instead of numbered balls. Each player locates the matching picture called on their playing card and marks it off. [Registration is required.](#)

INFORMATIONAL MEETING: BUILDING RESILIENCE IN TIMES OF STRESS - Thursday, September 12th, at 10:30 am. Dr. Fagundes will explain how stress "gets under the skin" to impact the normative aging process. He will then discuss empirically validated approaches to boosting resilience with a focus on the immune system. Dr. Fagundes will share information about current studies happening in his lab. [Registration is required](#)

SEPTEMBER MONTHLY TO-DO'S

MOVIE & SNACKS - Friday, September 13th, at 1 pm. "Jackpot!" R (2024). In the near future, a 'Grand Lottery' has been newly established in California - the catch: kill the winner before sundown to legally claim their multi-billion dollar jackpot. [Registration is required.](#)

BOWLING - Come join us for bowling on Tuesday, September 17th from 8:45 am - 11:30 am, at Armadilla Lanes. We will leave the center at 8:45 am. You may join us at the bowling alley if you prefer to drive. **Fee is \$4 per game and \$5 for shoe rental to be paid to Armadilla Lanes.** [Registration is required.](#)

DO WELL, BE WELL HYPERTENSION CLASS SERIES - Tuesdays, September 17th and 24th, at 12:30 pm. Do Well, Be Well with Hypertension is a four-class series covering the basics of nutrition and self-management topics to reduce hypertension. The program helps people learn skills needed to prevent or manage high blood pressure. [Registration is required](#)

THRIFT STORE SHOPPING - Wednesday, September 18th, bus leaves at 9 am. We will visit The Guild Shop, The Blue Bird Circle, and Charity Guild Shop in Midtown. We will eat lunch at Luby's. **The cost is \$5 and you must pay for your meal.** [Registration is required.](#)

DAY TRIP - Tuesday, September 24th, 9:30 am. We will head to The Buffalo Soldiers Museum and eat at El Pueblito de Frida. **The cost is \$9 and you must pay for your meal.** [Registration is required.](#)

BIBLE STUDY - Wednesday, September 25th, at 10:30 am. The subject will be announced. No prior knowledge is needed – all are welcome!

SENIOR DANCE - Thursday, September 26th, from 2 pm to 4 pm. No food will be served. All attendees must be registered members of the Madison Jobe Senior Center.

MOVIE & SNACKS - Friday, September 27th, at 1 pm. "Kingdom of the Planet of the Apes" PG-13 (2024). Many years after the reign of Caesar, a young ape goes on a journey that will lead him to question everything he's been taught about the past and make choices that will define a future for apes and humans alike. [Registration is required](#)

SEPTEMBER

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>LABOR DAY CENTER CLOSED</p>	<p>3</p> <p>8:00 REGISTRATION BEGINS NO EXERCISE CLASSES PROGRAMS BEGIN AT 10 AM</p> <p>11:30 42 PLAYERS</p>	<p>4</p> <p>8:10 2 MILE WALK 9:00 LOW IMPACT AEROBICS 10:30 BRIDGE 12:00 QUILTING GROUP 1:00 BINGO</p>	<p>5</p> <p>8:10 2 MILE WALK 9:00 LOW IMPACT AEROBICS 1:00 PASADENA SENIORS GAMES 1:00 CHAIR VOLLEYBALL</p>	<p>6</p> <p>8:10 2 MILE WALK 9:00 LOW IMPACT AEROBICS 10:30 LUNCH BUNCH 11:30 TABLE GAMES 12:00 BRIDGE</p>
<p>9</p> <p>8:10 2 MILE WALK 9:00 LOW IMPACT AEROBICS 10:15 BUNCO 2:00 SINGING SENIORS</p>	<p>10</p> <p>8:10 2 MILE WALK 9:00 LOW IMPACT AEROBICS 11:30 42 PLAYERS 12:00 BRIDGE 1:00 CHRISTIAN MOVIE</p>	<p>11</p> <p>8:10 2 MILE WALK 8:45 PICKLEBALL 9:00 LOW IMPACT AEROBICS 12:00 QUILTING GROUP 1:00 LOTERIA</p>	<p>12</p> <p>8:10 2 MILE WALK 9:00 LOW IMPACT AEROBICS 10:30 INFORMATIONAL MEETING - BUILDING RESILIENCE IN TIMES OF STRESS 1:00 PASADENA SENIORS GAMES 1:00 CHAIR VOLLEYBALL</p>	<p>13</p> <p>8:10 2 MILE WALK 9:00 LOW IMPACT AEROBICS 11:30 TABLE GAMES 12:00 BRIDGE 1:00 MOVIE & SNACKS</p>
<p>16</p> <p>8:10 2 MILE WALK 9:00 LOW IMPACT AEROBICS 10:15 BUNCO 2:00 SINGING SENIORS</p>	<p>17</p> <p>8:10 2 MILE WALK 8:45 BOWLING 9:00 LOW IMPACT AEROBICS 11:30 42 PLAYERS 12:30 HYPERTENSION CLASS (WEEK 1)</p>	<p>18</p> <p>8:10 2 MILE WALK 9:00 THRIFT STORE SHOPPING 9:00 LOW IMPACT AEROBICS 10:30 BRIDGE 12:00 QUILTING GROUP</p>	<p>19</p> <p>8:10 2 MILE WALK 9:00 LOW IMPACT AEROBICS 1:00 PASADENA SENIORS GAMES</p> <p>DINING ROOM CLOSSES AT NOON</p>	<p>20</p> <p>RODEO ROUNDUP PARTY 11 AM REGISTRATION REQUIRED CENTER CLOSSES AT 2 PM NO ACTIVITIES</p>
<p>23</p> <p>8:10 2 MILE WALK 9:00 LOW IMPACT AEROBICS 10:15 BUNCO 2:00 SINGING SENIORS</p>	<p>24</p> <p>8:10 2 MILE WALK 9:00 LOW IMPACT AEROBICS 9:30 DAY TRIP 11:30 42 PLAYERS 12:00 BRIDGE 12:30 HYPERTENSION CLASS (WEEK 2)</p>	<p>25</p> <p>8:10 2 MILE WALK 8:45 PICKLEBALL 9:00 LOW IMPACT AEROBICS 10:30 BIBLE STUDY 12:00 QUILTING GROUP 1:00 BINGO</p>	<p>26</p> <p>8:10 2 MILE WALK 9:00 LOW IMPACT AEROBICS 10:30 LUNCH BUNCH 1:00 PASADENA SENIORS GAMES 2:00 SENIOR DANCE</p>	<p>27</p> <p>8:10 2 MILE WALK 9:00 LOW IMPACT AEROBICS 11:30 TABLE GAMES 12:00 BRIDGE 1:00 MOVIE & SNACKS</p>
<p>30</p> <p>8:10 2 MILE WALK 9:00 LOW IMPACT AEROBICS 10:15 BUNCO 2:00 SINGING SENIORS</p>	<p><i>Happy Grandparents Day</i></p>		<p>Ken Donnell - MJSC Supervisor Brenda Pritchard - MJSC Manager Mike Smolko - Office Assistant Jesus Sanchez - Recreation Specialist Sandra Aguirre - Recreation Specialist Julie Lopez - Recreation Attendant Kendall Elliott - Recreation Attendant "JJ" Smith - Custodian</p>	  <p>Pasadena Parks & Recreation</p> <p>JEFF A. WAGNER MAYOR</p>