

October 2019



**CENTER HOURS:**  
**MONDAY - FRIDAY**  
**8 am - 4 pm**  
**Madisonjobe@pasadenatx.gov**  
**1700 E. Thomas**  
**Pasadena, TX 77506**  
**713.477.0175 office**  
**713.477.0111 fax**

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The Madison Jobe Senior Center is a recreation facility for active adults 50 years of age and older. It is operated by the City of Pasadena Parks and Recreation Department and is located near the intersection of Red Bluff and Thomas, close to Hwy 225. Whether you are working, semi-retired, or retired, we offer a variety of great leisure, educational and personal development opportunities for you. Our programs offer activities that encourage and support health, creativity, and social interaction for active adults. **CLOSED MONDAY, NOVEMBER 11th, IN OBSERVANCE OF VETERANS DAY. ALSO CLOSED THANKSGIVING THURSDAY, NOV. 28th, AND FRIDAY, NOV. 29th.**

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### **Lou Ann Stories**

I recently took an Uber to get to and back home from a destination in Houston at night because I don't like driving alone at night in Houston and I got into an interesting conversation with the Uber driver. He was a personable person and I was mentioning that I had met some lovely people who were just full of positivity and how nice it was to meet them and how happy it made me when people were so nice.

He shared with me some words that he said an elderly man had told him several years ago that were so profound to him that he had never forgotten them: "When you enter a room, enter it with the kind of energy that you want to receive back to you."

"Wow," I said. It was profound. My mother always told me to walk in to a room with good posture, standing tall and straight as if suspended by a string from your sternum and stop for a moment and project a happy energy to the entire room." I shared this with the Uber driver as I realized that she was virtually saying the same thing.

There have been so many, many times in my life when my positive energy has been met with scowling people who are basically unhappy with their lives, who have made fun of me and my happy and fun attitude, who make fun of others too, or are super critical and whisper amongst themselves including someone else in their sour disposition. What they have never realized is how bitter they look and how petty they appear. While they might think of themselves as superior, they certainly never realize how silly and foolish they appear to everyone. People will eventually avoid those folks because they don't want to be a part of the negativity or toxic attitudes. They move towards the positive and happy people in the room and are more apt to speak with them and get to know them.

This I do know, positivity is catching and so is negativity. Interestingly enough there are documentaries, books and studies done that show that happy people live longer and more productive lives than people who are consumed with negativity. Negativity actually shortens your life and your immune system. TRUE FACT THERE.

Sometimes people will avoid people who create unnecessary drama, too. I know I often do because I just dislike it when people are mean to others or who make fun of others or lie and create problems for others for the sake of making themselves look superior. My parents always taught me to beware if I made fun of another person or made up a lie or made someone look bad because I just might find myself in those shoes and someone would be making fun of me. I didn't think that was too cool for me to intentionally do something that might put me in a place or situation where someone might make fun of me or where God would take his wrath out on me. I didn't think that was too smart so I have never felt comfortable making fun of or laughing at someone else's misfortune or creating a storm just to make myself look better.

Well, getting back to happy..... It really is more fun to find things to be happy about and create your own happiness. Funny thing about happiness, it multiplies when you share it with others. I met some wonderful new friends who are pillars of the community in Houston who have done many things for the good of others. I loved the feeling I had when I left that place and how good I felt at being around happy and lovely people filled with love and fun and compassion for others.

So whenever you find yourself entering a room or being in a room full of people, stand up tall, and project an aura of positivity, happiness and the kind of energy you want to come back at you and you will find that the world will smile back with blessings beyond measure.

## **OCTOBER MONTHLY TO-DO**

**FLU SHOTS** Tuesday, October 1st, 1 pm to 2 pm  
Walgreens will be at the Senior Center in the main meeting room administering the flu shots.

**SILVER STAR MEETING** Tuesday, October 1st, 2 pm to 3 pm We will have refreshments and Walgreens Pharmacist discuss important health information and questions and answer session. Please come and learn valuable information and fellowship.

**FALL FESTIVAL** Friday, October 4th, 2019 11 am to 2 pm. Cigna is sponsoring the festival. Enjoy a catered meal, live music and dancing. Tickets required. Senior Center closes at 2 p.m.

**BUNCO (Every Monday Except TRIAD Monday or a holiday)** Mondays from 10 am to 2 pm October 7th, 14th, and 28th Please bring your sack lunch and join in the fun with head hostess, Ruby Belch. Cost is \$3. Prizes will be awarded.

**DAY TRIP** Tuesday, October 8th, leaving the center at 8:30 a.m. for the George Ranch Historical Park Richmond, Texas \$15.00. We will tour the Ranch and have lunch during the day. Please register with the office.

**MOVIE & SNACKS** Friday, October 11th, 1 pm **Rocketman!** Rated R Elton Johns rise from a shy, small-town boy who becomes one of the most successful, talented musicians of our time. All star cast and show stopping performances such as Rocketman and many other great hits

**TUTS** Tuesday, October 15th **"Spring Awakening"** tickets required, leaving center at 4:45 pm. Will stop for dinner on the way to Hobby Center.

**TRIAD** Monday, October 21st at 10:30 am Light refreshments provided by Parsons House and we will have a guest speaker. This meeting is a partnership of seniors, law enforcement and community. "Knowledge is Power!"

**BINGO** Wednesday, October 23rd from 1 pm to 3 pm Come and have fun and share the afternoon with friends. Please come join the fun and fellowship snacks and door prizes

**ANTIQUe AND RESALE SHOPPING** Thursday, October 24th, Rosenberg Antique shopping leave the center at 9:00 am and we will have lunch.

**LUNCH & A MOVIE** Friday, October 25th 11:00 am. **"Aladdin"** A young boy is persuaded by a sorcerer to help him retrieve a magic lamp with a Genie inside so he can turn himself into a prince to win the heart of a beautiful princess.

**FALL CRAFTS** Wednesday, October 29th 1 pm We will decorate pumpkins for fall. All supplies provided. Come enjoy crafts, fellowship and new decoration ideas! Please RSVP so we have enough supplies.

**LUNCH BUNCH** Wednesday, October 30th, 10 am **The Potatoe Patch**, Spring, Texas.

## **REFUND POLICY**

YOU MUST NOTIFY MJSC STAFF 24 HOURS BEFORE CANCELING A TRIP TO BE ELIGIBLE TO RECEIVE A REFUND

## **NOVEMBER LOOKING AHEAD**

The center will be CLOSED on Monday, November 11th, for Veteran's Day.

Also CLOSED on Thursday, November 28th, and Friday, November 29th for Thanksgiving.

Wishing you and yours a Thankful Thanksgiving

**INTERNATIONAL QUILT FESTIVAL** November 1st, at George R. Brown Convention Center. Tickets are \$12.00, leaving the center at 9 am and touring the festival. Will have lunch at Kim Son afterwards. PLEASE RSVP at Senior Center.

**SILVER STAR MEETING** Tuesday, November 5th, 2 pm. We will have refreshments and guest speaker on senior topics. Please come and learn valuable information and fellowship.

**"BUNCO (Every Monday Except TRIAD Monday or a holiday)"** Mondays, from 10 am to 2 pm November 4th, and 25th. Please bring your sack lunch and join in the fun with head hostess, Ruby Belch. Cost is \$3. Prizes will be awarded.

**VETERANS LUNCHEON** Thursday, November 7th, 10:30 am to 2 pm Cigna is sponsoring the luncheon. Enjoy a catered meal, and patriotic live music. Tickets required. Senior Center closes at 2 pm.

**LUNCH & A MOVIE** Friday, November 8th, 11:00 am **"The Peanut Butter Falcon"** A down syndrome leaves a nursing home to pursue his dream of being a pro wrestler ad befriends an outlaw who becomes his coach and ally.

**BINGO** Wednesday, November 13, from 1 pm to 3 pm Come and have fun and share the afternoon with friends. Please come join the fun and fellowship snacks and prizes .

**LUNCH BUNCH** Thursday, November 14, Cleburne Cafeteria, 70 year old Houston favorite offering American home-style cooking. Leaving center at 10:30 am

**MOVIE & SNACKS** - November 15th, 1 pm. **"The Breakthrough"** When a 14 year old drowned in Lake St. Louis, reported dead for an hour, and 27 minutes of CPR was performed to no avail. The mother prayed and there was a pulse. Inspirational story of Faith!

**TRIAD** Monday, November 18th, at 10:30 am. Light refreshments provided by Parsons House and we will have a guest speaker. This meeting is a partnership of seniors, law enforcement and community. "Knowledge is Power!"

**DAYTRIP** Wednesday, November 20th, 9 am. Sight-seeing in Victoria, TX with lunch at the "Oldest Deli in Texas".

Pasadena Music Club meets at Madison Jobe Senior Center every Saturday from 6 pm to 8 pm.

Open to everyone 50 and older.

Admission is \$2 and membership is available  
Come dance and listen to classic country songs

MADISON JOBE IS NOT RESPONSIBLE FOR LOST OR MISPLACED ITEMS.

**The Palm Grill at the Quality Inn  
114 S. Richey St. Pasadena, Texas  
77506 713-477-6871 We appreciate  
your donations and support to help  
the Madison Jobe Senior Center  
events and activities to improve the  
Seniors Quality of Life!**

**Pasadena Heritage Museum  
204 South Main Pasadena, TX 77506  
Monday - Friday 9:30 am - 2:30 pm  
Saturday by appointment  
Phone 713.472.0565**

The Museum is available for special tours. They do not have an admission fee and can be reserved for social functions. They are located at the corner of Main & Eagle in Pasadena, just off the State Highway 225. The Pomeroy House and Anna's House are listed on the National Registry of Historical Places.

***Its worth a stop!***

**For FREE credit report, go to  
[www.annualcreditreport.com](http://www.annualcreditreport.com)  
To BUY a copy call**

Equifax: 1.800.685-1111; [equifax.com](http://equifax.com)  
Experian: 1.888.397.3742; [experian.com](http://experian.com)  
TransUnion: 1.800.916.8800; [transunion.com](http://transunion.com)

#### **Rules at MJSC**

There is a Wait List to almost all activities here at MJSC.

Seniors who want to go can call and be on wait list for activities that are already full. This is the list we go by when there are vacancies and not just who shows up

#### **PARSON HOUSE**

La Porte Assisted Living  
We want to thank our new sponsor for  
TRIAD  
8727 Fairmont Parkway  
La Porte, TX 77571  
281.478.0000

**Come see all the Fun you are missing at our monthly parties. Tickets are required for our parties. Food Music and lots of friendship. Do not forget our quilt will be raffled off at our December party. Need not be present to win.**

**The National Fraud Information Center—  
(800) 876-7060 – The NFIC is a project of the National Consumers League and was designed to help people learn about fraud and file complaints**

**THERE MAY BE DELAYS, OMISSIONS, ERRORS, OR INACCURACIES IN THE CONTENT. ALL ACTIVITIES ARE SUBJECT TO CHANGE.**

#### **TUTS NEWS**

We are currently seeking those interested in the 2019 - 2020 Theatre Under the Stars (TUTS) musical season. The season subscription includes six shows with transportation provided. Always a popular Houston event, TUTS brings Broadway quality musicals to the Houston Hobby Center. Please come by our office or call 713.475.0175 for more information.

*A Chorus Line* September 17, 2019  
*Spring Awakening* Tuesday, October 15, 2019  
*Elf* Tuesday, December 17, 2019  
*Once on This Island* Tuesday, February 25, 2020  
*Pure Country* Tuesday, April 21, 2020  
*Newsies* Tuesday, May 26, 2020

#### **Night Dance Groups**

Monday Night Dance meets here at Madison Jobe Senior Center every Monday from 7 pm to 9 pm.

Open to everyone 50 and older.

Admission is \$2 at the door

Playing the best of country music

Saturday Night Music Club meets at Madison Jobe Senior Center every Saturday from 6:00 to 8 pm.

Open to every member

#### **FOR YOUR SAFETY**

#### **MADISON JOBE SENIOR CENTER**

Emergency medical forms

**MUST** be completed and updated annually.

The **Singing Seniors** of Pasadena who practice at Madison Jobe Senior Center on Mondays from 2-3 p.m. are recruiting new members. We are a volunteer group that provides entertainment in nursing homes and to other senior groups. If you are over 50 and really love to sing old songs from the 40's (show tunes), popular music, patriotic and spiritual songs you will fit in perfectly. Performances are once or twice a month on weekdays. Call 713.946.7536 or come by MJSC.

#### ***Hurricane Season***

***June 1, 2019 until November 30, 2019 +***

***Get more hurricane preparedness information at  
Ready Harris.***

The City of Pasadena, Texas Emergency offers a program where you register or update your information with a SWIFT911 to start receiving updates. Also The Pasadena Office of Emergency Management offers Evacuation Assistance Registry for Shut Ins and Disabled Residents with a partnership with the State of Texas to offer the STEAR Program. The Stear is a free registry that provides local emergency planners and emergency responders with additional information on the needs in their community. Currently 3000 people registered in Pasadena. For more information call

2-1-1 or go to

- <https://www.dps.texas.gov/dem/stear/public.htm>

# OCTOBER 2019

Monday	Tuesday	Wednesday	Thursday	Friday
 JEFF A. WAGNER MAYOR	<b>1</b> 10:00 SQUARE DANCERS 12:00 42 PLAYERS 12:00 QUILTING GROUP 12:00 BRIDGE <b>1:00 FREE FLU SHOTS</b> <b>2:00 SILVER STAR MEETING</b>	<b>2</b> 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 10:00 BRIDGE	<b>3</b> 10:00 LINE DANCING 1:00 PASADENA SENIORS GAMES (MEET IN QUILT ROOM)	<b>4</b> <b>FALL FESTIVAL</b> <b>11 AM</b> <b>TICKET REQUIRED</b> <b>CENTER CLOSSES AT 2 PM</b> <b>NO ACTIVITIES</b>
<b>7</b> 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 10:00 BUNCO 2:00 SINGING SENIORS	<b>8</b> <b>8:30 DAY TRIP "GEORGE RANCH" - RICHMOND, TX</b> 10:00 SQUARE DANCERS 12:00 42 PLAYERS 12:00 QUILTING GROUP 12:00 BRIDGE	<b>9</b> 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 10:00 Bridge	<b>10</b> 10:00 LINE DANCING 10:00 BRIDGE 1:00 PASADENA SENIORS GAMES	<b>11</b> 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 1:00 TABLE GAMES <b>1:00 MOVIE &amp; SNACKS</b> <b>"ROCKETMAN" RATED R</b>
<b>14</b> 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 10:00 BUNCO 2:00 SINGING SENIORS	<b>15</b> 10:00 SQUARE DANCERS 12:00 42 PLAYERS 12:00 QUILTING GROUP <b>4:45 TUTS "SPRING AWAKING"</b>	<b>16</b> 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 10:00 BRIDGE	<b>17</b> 10:00 LINE DANCING 1:00 PASADENA SENIORS	<b>18</b> 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 1:00 TABLE GAMES
<b>21</b> 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS <b>10:30 TRIAD</b> 2:00 SINGING SENIORS	<b>22</b> 10:00 SQUARE DANCERS 12:00 42 PLAYERS 12:00 QUILTING GROUP 12:00 BRIDGE	<b>23</b> 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS <b>1:00 BINGO</b>	<b>24</b> <b>9:00 RESALE SHOPPING ROSENBERG</b> <b>10:00 BRIDGE</b> 10:00 LINE DANCING 1:00 PASADENA SENIORS GAMES	<b>25</b> 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS <b>11:00 LUNCH &amp; A MOVIE "ALADDIN"</b>
<b>28</b> 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 10:00 BUNCO 2:00 SINGING SENIORS	<b>29</b> 10:00 SQUARE DANCERS 12:00 42 PLAYERS 12:00 QUILTING GROUP <b>1:00 CRAFTS GILITTER PUMPKINS</b>	<b>30</b> 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 10:00 BRIDGE <b>10:00 LUNCH BUNCH THE POTATOE PATCH</b>	<b>31</b> 10:00 LINE DANCING 1:00 PASADENA SENIORS	Lou Lou Ann Nolan - MJSC Director Eric Muecke - Recreation Specialist Jesus Sanchez - Recreation Specialist Sandra Varela - Recreation Assistant Julie Lopez - Recreation Attendant Elsa Aguirre- Rides Coordinator "JJ" Smith - Custodian Karen Hollon - Museum / Rec. Specialist

MADISON JOBE  
SENIOR CENTER  
MJSC.pasadenatexas.net  
**MON - FRI 8 am - 4 pm**

# NOV. 2019

1700 EAST THOMAS  
PASADENA 77506  
713.477.0175  
Madisonjobe@pasadenatx.gov

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Lou Ann Nolan - MJSC Director Eric Muecke - Recreation Specialist Jesus Sanchez - Recreation Specialist Sandra Varela - Recreation Assistant Julie Lopez - Recreation Attendant Elsa Aguirre- Rides Coordinator "JJ" Smith - Custodian Karen Hollon - Museum / Rec. Specialist</p>	 <p>JEFF A. WAGNER MAYOR</p>			
<p><b>4</b> 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS <b>10:00 BUNCO</b> 2:00 SINGING SENIORS</p>	<p><b>5</b> 10:00 SQUARE DANCERS 12:00 42 PLAYERS 12:00 QUILTING GROUP <b>2:00 SILVER STAR GAME</b></p>	<p><b>6</b> 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 10:00 BRIDGE</p>	<p><b>7</b> <b>10:30 VETERANS LUNCHEON CENTER CLOSES AT 2 P.M.</b></p>	<p><b>1</b> 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS <b>9:00 INTERNATIONAL QUILT SHOW</b> 1:00 TABLE GAMES</p>
<p><b>11</b> <b>VETERANS DAY CENTER CLOSED CITY HOLIDAY</b></p>	<p><b>12</b> 10:00 SQUARE DANCERS 10:00 BRIDGE 12:00 QUILTING GROUP 12:00 42 PLAYERS</p>	<p><b>13</b> 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS <b>1:00 BINGO</b></p>	<p><b>14</b> 10:00 LINE DANCING 10:00 BRIDGE <b>10:30 LUNCH BUNCH CLEBURNES</b> 1:00 PASADENA SENIOR GAMES</p>	<p><b>15</b> 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS <b>1:00 MOVIE AND SNACKS "THE BREAKTHROUGH"</b></p>
<p><b>18</b> 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS <b>10:30 TRIAD</b> 10:00 BUNCO 2:00 SINGING SENIORS</p>	<p><b>19</b> 10:00 SQUARE DANCERS 12:00 42 PLAYERS 12:00 QUILTING GROUP</p>	<p><b>20</b> 8:00 2 MILE WALK <b>9:00 DAY TRIP OLDEST DELI IN TEXAS</b> 9:00 LOW IMPACT AEROBICS 10:00 BRIDGE</p>	<p><b>21</b> 10:00 LINE DANCING 1:00 PASADENA SENIORS GAMES</p>	<p><b>22</b> 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 1:00 SENIOR GAMES</p>
<p><b>25</b> 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 10:00 BUNCO 2:00 SINGING SENIORS</p>	<p><b>26</b> 10:00 SQUARE DANCERS 12:00 42 PLAYERS 12:00 QUILTING GROUP 12:00 BRIDGE</p>	<p><b>27</b> 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS</p>	<p><b>28</b> <b>THANKSGIVING HOLIDAY CLOSED</b></p>	<p><b>29</b> <b>THANKSGIVING HOLIDAY CLOSED</b></p>

# *Veterans Appreciation*

**November 7, 10:30 a.m. - 1:00 p.m.**

**Madison Jobe Senior Center**

**1700 E. Thomas, Pasadena, TX 77506**

**713-477-0175**

Admission is free. Lunch and entertainment included.  
Due to limited space, admission is reserved for veterans,  
spouses of veterans, spouses of deceased veterans and  
parent/grandparent of veterans.

**R.S.V.P. Required**



**JEFF WAGNER**  
MAYOR

