

July 2019



CENTER HOURS:
MONDAY - FRIDAY
8 am - 4 pm
Madisonjobe@pasadenatx.gov
1700 E. Thomas
Pasadena, TX 77506
713.477.0175 office
713.477.0111 fax

The Madison Jobe Senior Center is a recreation facility for active adults 50 years of age and older. It is operated by the City of Pasadena Parks and Recreation Department and is located near the intersection of Red Bluff and Thomas, close to Hwy 225. Whether you are working, semi-retired, or retired, we offer a variety of great leisure, educational and personal development opportunities for you. Our programs offer activities that encourage and support health, creativity, and social interaction for active adults.

Why not take the time to try something new?

Lou Ann Stories

Ahhh the Month of June has been a busy one and I do apologize for the lateness of the newsletter this month. We are getting lots of wonderful things done though and that is the good news!

I don't entirely approve of some of the things I have done in my life, but I am boldly me. Truly, I would not be the person I am today without mistakes and the lessons I have learned along the way. I think perhaps as we grow older, we grow wiser. The wise older people of today were at one time, in the past (and sometimes not so distant past, LOL!) young, free spirited and maybe even foolish and that's how they have gained their wisdom. I guess you could think of it this way, never be ashamed of the past because it developed you into the person you are today.

Often, folks too are ashamed of failure but failure isn't a sin, it is a way to learn. In fact, I might say it is good to fail often as long as you "fail forward" as I like to say, and learn from it, clean up what you need to, forget about resentment or judgement and move on with your newfound wisdom.

I was relaying a funny story about a Mary Kay Director that I once knew who came from literal poverty to become a resounding success and a millionaire. She told me of a time where she was fairly downtrodden but kept on going. She had no car and had to ride the bus to her Mary Kay parties to sell her Mary Kay cosmetics. At the time, we all wore dresses and always wore a slip or petticoat underneath our dresses. Well, the elastic was wearing out on her slip but she had managed to make it work (with the help of a few safety pins) on this particular day that she had to conduct a Mary Kay Demonstration and also had to ride the bus. As she left the bus, with all her Mary Kay bags and inventory all gathered up (she said she felt like a bag lady), she took a few steps onto the sidewalk and her slip with the worn out elastic finally gave out and the slip fell down around her knees and all the way to the ground. Mortified and entirely embarrassed, she decided that she was so embarrassed that everyone on the bus must be watching and laughing and she just couldn't face them and she didn't want to cry nor suffer the indignity of picking up the slip with all her bags in hand and then having to carry it to the demonstration, etc., so in that brief moment, she just stepped out of the slip and left it where it was laying on the ground and never looked back to even see if anyone was watching or laughing. She just kept on walking and just left it there. I have never laughed so hard at a story because I knew she had done just that. The point of her story was to share with us that sometimes you just need to leave that old broken down slip with no elastic behind you and not look back. Just step right out of it as if it were the most natural thing to do and keep on walking forward to your destiny or destination.

And you know, I have often thought of that slip and that analogy when I just needed to move on and not even glance at anyone who might laugh at me or make fun of me or judge me and not even look back to see what happened when I kept moving forward. The story of the slip has served me well. She went on to tell us that we can overcome most anything and make things incredible if we really aspire to do so. We just need to do what we have to do to move forward and be happy.

Just because something didn't work out yesterday, doesn't mean that there's not something greater in store for you tomorrow. The main thing is to not let anything break your stride. There's a song about that..."ain't nothin' gonna breaka my stride, nobody gonna slow me down, oh no, I've got to keep on movin..." Many times I have sung that song and sometimes just hummed it when I didn't want others to exactly know what I was thinking. Lol.

The main thing to remember is that you do not need to justify yourself to anyone because in doing so you miss out on the beauty of simply being boldly yourself. No excuses, just enjoy being your own unique self, complete with your own set of unique life experiences, your own faults, and your own ideas.

Free yourself from trying to be what others think you should be and just be yourself and enjoy life. Don't simply exist, do more than exist. Live your life your way, live it now, get out and do things beyond your comfort zone, come dance with us and who cares if you don't know how to dance, dance your own dance, and if your slip falls off, just step right out of it and keep on dancing.

July - Monthly to Do's:

We are Closed on Thursday, July 4th & Friday, July 5th in observance of Independence Day

SILVER STAR MEETING – Tuesday, July 2nd, at 2 pm. We will have refreshments and guest speaker on senior safety. Please come and learn valuable information and fellowship.

BUNCO (Every Monday Except TRIAD Monday or a holiday) – Mondays from 10 am - 2 pm on July 1st, 8th, 22nd and 29th. Please bring your sack lunch and join in the fun with head hostess, Ruby Belch. Cost is \$3. Prizes will be awarded!

THRIFT STORE OUTING - Wednesday, July 10th. We will be leaving at 9 am. We will be heading to the North Antique Mall, offering wide selection of furniture, accessories and more!

ICE CREAM SOCIAL - Friday, July 12th, from 11 am to 2 pm. Enjoy live music by the Randy Meadows Band and delicious food. This is a free event. Tickets available on June 10th from staff at the Madison Jobe Center. A WellCare/TexanPlus sponsored event.

TRIAD – Monday, July 15th, 10:30 am. Light refreshments provided by Providence and we will have a guest speaker. This meeting is a partnership of seniors, law enforcement and community. “Knowledge is Power! Investigate before you invest!”

LUNCH & A MOVIE - Friday, July 19th at 11 am. **“The Meg”** - A veteran diver is enlisted to save a submarine that was attacked by the world's largest shark. Lunch is donated by Momentum Community Care. **PLEASE RSVP.**

LUNCH BUNCH – Tuesday, July 23rd, Gus's World Famous Fried Chicken located in the Heights and reasonable prices! We will leave the center at 10:30 am.

BINGO - Wednesday, July 24th from 1 pm to 3 pm. Come and have fun and share the afternoon with friends. Please come join the fun and fellowship snacks and door prizes donated by Funeraria Del Angel.

DAY TRIP - Wednesday, July 31st. Rosenberg Railroad Museum and lunch at Schultz Bar-b-Que. Cost for museum is \$9.00 and bring money for lunch at Schultz Bar-b-Que. We will be leaving the center at **10 am.**



REFUND POLICY

YOU MUST NOTIFY MJSC STAFF 24 HOURS BEFORE CANCELING A TRIP TO BE ELIGIBLE TO RECEIVE

MADISON JOBE IS NOT RESPONSIBLE FOR LOST OR MISPLACED ITEMS.

AUGUST LOOKING AHEAD:

GREASED LIGHTING - Sock Hop Friday, August 2nd, from 11 a.m to 2 pm. Come dance to 50's music and have your favorite cheeseburgers, chips, soft drinks! Get your tickets Monday, July 15th after 1 p.m.

SILVER STAR MEETING – Tuesday, August 6, at 2 pm. We will have refreshments and guest speaker on senior safety. Please come and learn valuable information and fellowship.

BUNCO (Every Monday Except TRIAD Monday or a holiday) – Mondays from 10 am - 2 pm on August 5th, 12th, and 26th Please bring your sack lunch and join in the fun with head hostess, Ruby Belch. Cost is \$3. Prizes will be awarded!

MOVIE & SNACKS - Friday, August 9th, The Upside. A comedy about a relationship between a wealthy quadriplegic and an unemployed man with a criminal record who is hired to help him . Lunch donated so no fee!

SENIOR EXPO - Wednesday, August 14th, from 9 am a.m to 12 p.m.. Over 100 vendors, lots of giveaways and door prizes. Pasadena Convention Center.

TRIAD – Monday, August 19th, 10:30 am. Light refreshments provided by Providence and we will have a guest speaker. This meeting is a partnership of seniors, law enforcement and community. “Knowledge is Power! Investigate before you invest!”

LUNCH BUNCH – Tuesday, August 20th, Red Oak Café in League City great home cooking at a reasonable price! We will leave the center at 10:30 am.

DAY TRIP - Wednesday, August 21, Trip to Tour Bishops Palace in Galveston. Cost is \$9 and we will leave the Madison Jobe Center at 9:30 a.m. and our tour begins at 10:30 a.m. The tour last 1 hour and we will have a lunch stop at Millers Landing on the Seawall that offers seafood at a reasonable price and a beautiful view.

LUNCH & A MOVIE—Friday, August 23, at 1 p.m. The Mustang—Executive Producer Robert Redford , a violent convict is given the chance to participate in rehabilitation therapy program centered around the training of wild mustangs.

THRIFT STORE OUTING - Tuesday, August 27th We will be leaving at 9 am. We will be heading to Harwin offering wide selection of items! **PLEASE RSVP.**

BINGO - Wednesday. August 28th from 1 pm to 3 pm. Come and have fun and share the afternoon with friends. Please come join the fun and fellowship snacks and door prizes donated by Amerigroup .

ASTROS GAME – Thursday, August 29th. We will be leaving the center at 10 am. We will be dining on our way to the game. **Cost is \$28.**

Pasadena Music Club meets at Madison Jobe Senior Center every Saturday from 6 pm to 8 pm.

Open to everyone 50 and older.

Admission is \$2 and membership is available
Come dance and listen to classic country songs

July - Looking - Ahead:

We are Closed on Thursday, July 4th & Friday, July 5th in observance of Independence Day

SILVER STAR MEETING – Tuesday, July 2nd, at 2 pm. We will have refreshments and guest speaker on senior safety. Please come and learn valuable information.

Pasadena Heritage Museum

204 South Main Pasadena, TX 77506

Monday - Friday 9:30 am - 2:30 pm

Saturday by appointment

Phone 713.472.0565

The Museum is available for special tours. They do not have an admission fee and can be reserved for social functions. They are located at the corner of Main & Eagle in Pasadena, just off the State Highway 225. The Pomeroy House and Anna's House are listed on the National Registry of Historical Places.

Its worth a stop!

PROVIDENCE

HOME HEALTH—HOSPICE

We want to thank our new sponsor for
Silver Star Meeting

Providence Home Health— Hospice.

Contact us anytime at 832.532.7538

Providence offers healthcare programs for patients who prefer in-home care when they require medical assistance. We work with you, your family, physicians, and others in your individual healthcare network. This creates a patient-centered plan of care that achieves your ability to age in place in the comfort and convenience of your home.

PARSON HOUSE

La Porte Assisted Living

We want to thank our new sponsor for

Silver Star and TRIAD

8727 Fairmont Parkway

La Porte, TX 77571

281.478.0000

Senior Expo

Wednesday, August 14th

Event is from 9:00 a.m. to 12:00 noon

Doors open to the public at 9:00 .m.

Pasadena Convention Center

7902 Fairmont Parkway

Free Admission

Join us for “one-stop” shopping for senior Organizations, housing, social services programs

And activities available in Harris County

Free Screenings for: Epworth-Sleep Apnea

Single Leg Stance, Functional Reach, Balance Machine

And more !

THERE MAY BE DELAYS, OMISSIONS, ERRORS, OR INACCURACIES IN THE CONTENT. ALL ACTIVITIES ARE SUBJECT TO CHANGE.

TUTS NEWS

We are currently seeking those interested in the 2019 - 2020 Theatre Under the Stars (TUTS) musical season. The season subscription includes six shows with transportation provided. Always a popular Houston event, TUTS brings Broadway quality musicals to the Houston Hobby Center. Please come by our office or call 713.475.0175 for more info.

<i>A Chorus Line</i>	September 17, 2019
<i>Spring Awakening</i>	Tuesday, October 15, 2019
<i>Elf</i>	Tuesday, December 17, 2019
<i>Once on This Island</i>	Tuesday, February 25, 2020
<i>Pure Country</i>	Tuesday, April 21, 2020
<i>Newsies</i>	Tuesday, May 26, 2020

Night Dance Groups

Monday Night Dance meets here at Madison Jobe Senior Center every Monday from 7 pm to 9 pm.

Open to everyone 50 and older.

Admission is \$2 at the door

Playing the best of country music

Saturday Night Music Club meets at Madison Jobe Senior Center every Saturday from 7 to 9 p.m.

Open to every member

FOR YOUR SAFETY

MADISON JOBE SENIOR CENTER

Emergency medical forms

MUST be completed and updated annually.

The **Singing Seniors** of Pasadena who practice at Madison Jobe Senior Center on Mondays from 2-3 p.m. are recruiting new members. We are a volunteer group that provides entertainment in nursing homes and to other senior groups. If you are over 55 and really love to sing old songs from the 40's (show tunes), popular music, patriotic and spiritual songs you will fit in perfectly. Performances are once or twice a month on weekdays. Call 713.946.7536 or come by MJSC.

Hurricane Season

June 1, 2019 until November 30, 2019 +

Get more hurricane preparedness information at Ready Harris.

The City of Pasadena, Texas Emergency offers a program where you register or update your information with a SWIFT911 to start receiving updates. And also The Pasadena Office of Emergency Management offers Evacuation Assistance Registry for Shut Ins and Disabled Residents with a partnership with the State of Texas to offer the STEAR Program. The Stear is a free registry that provides local emergency planners and emergency responders with additional information on the needs in their community. Currently 3000 people registered in Pasadena.

For more information call

2-1-1 or go to

- <https://www.dps.texas.gov/dem/stear/public.htm>

MADISON JOBE
SENIOR CENTER
MJSC.pasadenatexas.net
MON - FRI 8 am - 4 pm

JULY 2019

1700 EAST THOMAS
PASADENA 77506
713.477.0175
Madisonjobe@ci.pasadena.tx.us

Monday	Tuesday	Wednesday	Thursday	Friday
1 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 10:00 BUNCO 2:00 SINGING SENIORS	2 10:00 SQUARE DANCERS 12:00 42 PLAYERS 12:00 QUILTING GROUP 2:00 SILVER STAR MEETING	3 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 10:00 BRIDGE	4 INDEPENDENCE DAY HOLIDAY CENTER CLOSED	5 CLOSED STAFF WORKSHOP
8 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 10:00 BUNCO 2:00 SINGING SENIORS	9 10:00 SQUARE DANCERS 12:00 42 PLAYERS 12:00 QUILTING GROUP 12:00 BRIDGE	10 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 9:00 RESALE SHOPPING - NORTH ANTIQUE MALL	11 10:00 LINE DANCING 10:00 BRIDGE 1:00 PASADENA SENIORS GAMES (MEET IN QUILT ROOM)	12 ICE CREAM SOCIAL / SOCK HOP 11 AM - 2 PM CENTER CLOSSES AT 2 PM NO ACTIVITIES
15 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 10:30 TRIAD 2:00 SINGING SENIORS	16 10:00 SQUARE DANCERS 12:00 42 PLAYERS 12:00 QUILTING GROUP	17 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 10:00 BRIDGE	18 10:00 LINE DANCING 1:00 PASADENA SENIORS GAMES	19 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 11:00 LUNCH & A MOVIE- "THE MEG" 1:00 TABLE GAMES
22 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 10:00 BUNCO 2:00 SINGING SENIORS	23 10:00 SQUARE DANCERS 10:30 LUNCH BUNCH - GUS'S CHICKEN 12:00 42 PLAYERS 12:00 QUILTING GROUP 12:00 BRIDGE	24 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 1:00 BINGO	25 10:00 LINE DANCING 10:00 BRIDGE 1:00 PASADENA SENIORS GAMES	26 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 1:00 TABLE GAMES
29 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 10:00 BUNCO 2:00 SINGING SENIORS	30 10:00 SQUARE DANCERS 12:00 42 PLAYERS 12:00 QUILTING GROUP	31 8:00 2 MILE WALK 9:00 DAY TRIP - ROSENBERG RAILROAD MUSEUM 9:00 LOW IMPACT AEROBICS 10:00 BRIDGE	 JEFF A. WAGNER MAYOR	
Lou Ann Nolan - MJSC Director Eric Muecke - Recreation Specialist Jesus Sanchez - Recreation Specialist Sandra Varela - Recreation Assistant Victoria Tanner - Office Assistant Julie Lopez - Recreation Attendant Elsa Aguirre- Rides Coordinator "JJ" Smith - Custodian Karen Hollon - Museum / Rec. Specialist				

AUGUST 2019

Monday	Tuesday	Wednesday	Thursday	Friday
			1 10:00 LINE DANCING 1:00 PASADENA SENIORS GAMES (MEET IN QUILT ROOM)	2 GREASED LIGHTNING 11 AM TICKET REQUIRED (CENTER CLOSES AT 2) NO ACTIVITIES
5 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 10:00 BUNCO 2:00 SINGING SENIORS	6 10:00 SQUARE DANCERS 12:00 42 PLAYERS 12:00 QUILTING GROUP 2:00 SILVER STAR MEETING	7 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 10:00 BRIDGE	8 10:00 BRIDGE 10:00 LINE DANCING 1:00 PASADENA SENIORS GAMES	9 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 1:00 TABLE GAMES 1:00 MOVIE & SNACKS - THE UP SIDE
12 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 10:00 BUNCO 2:00 SINGING SENIORS	13 10:00 SQUARE DANCERS 12:00 42 PLAYERS 12:00 QUILTING GROUP 12:00 BRIDGE	14 8:00 2 MILE WALK 9:00 SENIOR EXPO / PCC 9:00 LOW IMPACT AEROBICS	15 10:00 LINE DANCING 1:00 PASADENA SENIORS	16 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 1:00 TABLE GAMES
19 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 10:30 TRIAD 2:00 SINGING SENIORS	20 10:00 SQUARE DANCERS 10:30 LUNCH BUNCH - RED OAK CAFÉ 12:00 42 PLAYERS 12:00 QUILTING GROUP	21 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 10:00 BRIDGE 10:00 DAY TRIP - BISHOPS PALACE	22 10:00 BRIDGE 10:00 LINE DANCING 1:00 PASADENA SENIORS GAMES	23 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 11:00 LUNCH & A MOVIE - THE MUSTANG
26 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 10:00 BUNCO 2:00 SINGING SENIORS	27 9:00 HARWIN SHOPPING 10:00 SQUARE DANCERS 12:00 42 PLAYERS 12:00 QUILTING GROUP 12:00 BRIDGE	28 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 1:00 BINGO	29 10:00 LINE DANCING 10:00 ASTROS GAME 1:00 PASADENA SENIORS	30 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 1:00 TABLE GAMES

Ice Cream Social & Sock Hop

Live Band, Food,
Ice Cream & More

Sponsored by:

 WellCare |  TexanPlus

July 12
11 a.m. - 2 p.m.

at the Madison Jobe Senior Center
1700 Thomas Avenue, Pasadena, TX 77506

Ticket Required



JEFF WAGNER
MAYOR

For more information, please call: 713-477-0175.



JEFF WAGNER
MAYOR

Madison Jobe Senior Center
Happy Days

1950's

SOCK HOP

Greased Lightning Sock Hop Party

August 2
at Madison Jobe
Senior Center

11 a.m.
-
2 p.m.

*1700 Thomas,
Pasadena, TX
713-477-0175*

 Cigna
HealthSpring[®]
Sponsor





John A. Wainwright
Mayor

Seniors, Families & Friends...

The City of Pasadena Offers Options for Older Adults and People with Disabilities

The City of Pasadena **Transportation RIDES** Program



TRANSPORTATION

What is Transportation **RIDES**? How to apply?

Transportation RIDES program provides non-emergency transportation services to qualified extremely low to moderate income* seniors(65+ years) and/or people with disabilities (18-64 years) who reside in Pasadena and who are not able to drive themselves, do not own a vehicle, or medically/physically unable to drive. **Transportation RIDES** helps them find the transportation they need for travel to essential medical services, grocery shopping, errands, social activities as well as for other needs. If eligible, a participant may receive monthly **RIDES** program funds (\$75 per month) that may be used with any of the designated transportation providers.

Transportation RIDES is funded in part by the City of Pasadena Community Development Block Grant Program through the Madison Jobe Senior Center/Parks & Rec. and is limited to Community Development Department's available funds.

* Eligible Income by Family Size
Effective April 2, 2018

Based on Percentage of Houston-Baytown-Sugar Land Median Family Income

Income Level	1 Person	2 Persons	3 Persons	4 Persons	5 Persons	6 Persons	7 Persons	8 Persons
0 - 30%	\$15,750	\$18,000	\$20,700	\$25,100	\$29,420	\$33,740	\$38,060	\$42,380
50%	\$26,250	\$30,000	\$33,750	\$37,450	\$40,450	\$43,450	\$46,450	\$49,450
80%	\$41,950	\$47,950	\$53,950	\$59,900	\$64,700	\$69,500	\$74,300	\$79,100

0%-30%= Extremely Low Income Level (0%-30% of Houston-Baytown-Sugar Land Median Family Income)

31%-50%= Low Income Level (31%-50% of Houston-Baytown-Sugar Land Median Family Income)

51%-80%= Moderate Income Level (51%-80% of Houston-Baytown-Sugar Land Median Family Income)

To become a new user of **Transportation RIDES**, you must first apply and have your eligibility verified.

Applicants must submit the following with their application:

- Proof of Gross Annual Household Income
- Copy of current Social Security Award Letter
- Proof of Current Social Security Amount
- Copy of valid DL or ID card with picture
- Completed Disability Statement (if the applicant has a disability and is between the ages of 18 to 64)

To Apply for the **Transportation RIDES** program, schedule an appointment,

or call for more information:

Elsa Aguirre

Rides Coordinator

Madison Jobe Senior Center

1700 Thomas Ave Pasadena, TX 77506

713-477-1202

TITLE VI NOTICE

Transportation RIDES Program operates its program and services without regards to race, color and national origin in accordance with Title VI of the Civil Rights Act. Any person who believes she or he has been aggrieved by any unlawful discriminatory practice under Title VI may file a complaint with the RIDES Coordinator for the Transportation RIDES Program.



COMMUNITY CLEAN UP EVENT

September 6 & 7

8:30 a.m. to 2:30 p.m.

"Team UP to Clean UP" partners neighbors, churches, students, business, industry and other volunteer groups with seniors, disabled veterans and economically disadvantaged homeowners who are unable to perform their own minor exterior home repair and yard cleanup.

For more information on this program and how you can help, contact us at:

NeighborhoodNet@ci.pasadena.tx.us • 713-920-7948



JEFF A. WAGNER
MAYOR



2018 VIP Sponsor



Senior Expo

August 14, 9 a.m. - noon

Pasadena Convention Center
7902 Fairmont Pkwy. Pasadena, TX 77507

Join us for "one-stop" shopping for senior organizations, housing, social service agencies, programs and activities available in Harris County.

Free Admission

Free Screenings for:

Cholesterol

Glucose

Blood Pressure

Body Fat Percentage

Bone Density

Balance Machine

Posture and More!

Our Sponsors:

WellCare | TexanPlus



Seniorific
News

Bayshore Medical Center
An HCA Affiliated Hospital

CHI St. Luke's Health
Patients Medical Center

SENIOR
RESOURCE
GUIDE



JEFF A. WAGNER
MAYOR

MADISON = JOBE
Senior Center

Madison Jobe Senior Center | 713-477-0175 | madisonjobe@ci.pasadena.tx.us