

February 2019

City of Pasadena



CENTER HOURS:
MONDAY - FRIDAY
8 am - 4 pm
Madisonjobe@ci.pasadena.tx.us
1700 E. Thomas
Pasadena, TX 77506
713.477.0175 office
713.477.0111 fax

The Madison Jobe Senior Center is a recreation facility for active adults 50 years of age and older. It is operated by the City of Pasadena Parks and Recreation Department and is located near the intersection of Red Bluff and Thomas, close to Hwy 225. Whether you are working, semi-retired, or retired, we offer a variety of great leisure, educational and personal development opportunities for you. Our programs offer activities that encourage and support health, creativity, and social interaction for active adults.

Why not take the time to try something new?

Lou Ann Stories

“Wherever you go, no matter what the weather, always bring your own sunshine.” – Anthony J. D’Angelo

Years ago I used to play the guitar and I loved the John Denver song, “Sunshine on my Shoulders” and I saved up my money to buy the song book and learned the chords and played it and played it over and over till I got it right. Of course, I learned all the other John Denver songs in that song book as well but that one was my favorite.

The lyrics went like this:

Sunshine on my shoulders makes me happy
Sunshine in my eyes can make me cry
Sunshine on the water looks so lovely
Sunshine almost always makes me high
If I had a day that I could give you
I'd give to you the day just like today
If I had a song that I could sing for you
I'd sing a song to make you feel this way
Sunshine on my shoulders makes me happy
Sunshine in my eyes can make me cry
Sunshine on the water looks so lovely
Sunshine almost always makes me high
If I had a tale that I could tell you
I'd tell a tale sure to make you smile
If I had a wish that I could wish for you
I'd make a wish for sunshine for all the while
Sunshine on my shoulders makes me happy
Sunshine in my eyes can make me cry
Sunshine on the water looks so lovely
Sunshine almost all the time makes me high
Sunshine almost always....



I still love that song today and I always love to feel sunshine on my face and on my shoulders. I think of how happy sunshine always makes me feel. All the words of this song make me think of fun things like sunshine on the water....there are few things more beautiful than a sunset or a sunrise on the water.

Sunshine when it's a little bright does make me sneeze or have tears in my eyes. I love a sunshine sneeze, it makes me feel alive and happy. I almost always laugh when sunshine makes me sneeze.

I love the line that if I had a wish for you, I'd wish for sunshine all the while or the part that says I'd tell you a tale to make you smile or a song to make you feel happy or a day filled with sunshine, Such lovely thoughts and certainly the way I feel almost all the time because I tend to mostly be cheerful. Oh there are times I can be contrary but mostly I like to bring the sunshine.

That's why I love the quote above, bring your own sunshine wherever you go and whatever you do. Bring a smile and a kind word. Bring laughter and light into any room you enter or anyplace you go, whether it be a dance or an airport or anywhere.

Don't you love to hear happy people or see a person that is smiling and happy? Isn't it catching and makes you feel happy to see others happy. By the same token isn't it rather awful to overhear or see a person who is unhappy or complaining.

Be the sunshine in a person's life and bring your smiles, caring, laughter, jokes, a kind word or a helping hand. Bring your own sunshine wherever you are....illuminate the room with your love and your laughter and your happiness and you will see the room transform before your eyes.

"I've got sunshine on a cloudy day
When it's cold outside I've got the month of May" (a song by the Temptations).

Just think about all the songs about sunshine...when it's dreary and cold in this month of February, think about the happiness of sunshine in your heart.

And while you are at it, you can bring a little sunshine into someone's lives with a Valentine card or a small box of conversation hearts or a kindness this Valentine's day. When it comes from the sincerity of your heart, that sunshine within just spreads out its rays to touch the hearts of so many.

My great grandmother used to tell me, "Honey, you can throw happiness and sunshine into a room just when you walk in it if you walk in with a happy heart and a smile." I do believe that she was right.

Come join the Fun at Madison Activity Center



February Monthly To Do's:

SILVER STAR MEETING – is Tuesday, February 5th, at 2 pm.

MOVIE & SNACKS - Friday, February 1st. “Unbroken: Path to Redemption” A true story of Olympian and WWII hero Louis Zamperini continues as he meets and marries the love of his life while struggling with his post-war angst, until a chance meeting with Billy Graham in 1949 changes both of their lives forever. **BUNCO (Every Monday Except TRIAD Monday or a holiday)** – Mondays from 10 am - 2 pm on February 4th, 11th, and 25th. Please bring your sack lunch and join in the fun with head hostess, Ruby Belch. Cost is \$3. Prizes will be awarded!

LUNCH BUNCH – Thursday, February 7th. We will be leaving at 10:30 am. We will be heading to Grazia Italian Kitchen of Pearland. Our menu blends traditional Italian food with classic comfort dishes we are familiar with.

AUSTIN TRIP - Monday & Tuesday, February 11th and 12th. This is an exciting overnight trip to the Texas Capital.

THRIFT STORE OUTING - Wednesday, February 13th and we will be leaving at 9 am to go to the Webster & Seabrook Goodwill Houston Select Stores.

VALENTINE DANCE– Thursday, February 14th from 11 am to 2 pm.. Tickets required and please join us for a catered meal as we dance the afternoon away

LUNCH & A MOVIE - Friday, February 15th. We will watch “God Bless The Broken Road.” Amber's ideal life is shattered when she loses her husband to the war in Afghanistan. Two years later, she finds herself in a struggle to save her home while providing for her 9-year-old daughter. When up-and-coming race car driver Cody Jackson rolls into town, Amber becomes wrapped up in his pedal to the metal way of life. With her faith hanging in the balance, Amber is forced to decide between the broken road she knows so well or trusting in a new path that God has provided. Lunch is \$2 and will be served at 11am.

TRIAD – will be Monday, February 18th 10:30 am. Guest speaker TBD. This meeting is a partnership of seniors, law enforcement and community. Knowledge is Power! Investigate before you Invest!”

DAY TRIP - Thursday, February 21st. We will visit Houston Museum of Natural Science of Sugar Land. This smaller outpost is worth the trip, especially for people who are crowd adverse or do not want to spend several hours perusing the larger museum. Cost is \$12 and we will be leaving at 9am.

BINGO - Wednesday, February 27th from 1 pm to 3 pm. Come and have fun and share the afternoon with friends. Each participant will have a two card limit per game. Please Come join the fun and fellowship.

TUTS – Tuesday, February 26th. We will see the production of “Mamma Mai.” A multiple Tony award winning show. The bus will leave the center at 4:45 pm. We will eat on the way.

March- Looking - Ahead:

SILVER STAR MEETING – is Tuesday, March 5th, at 2 pm.

BUNCO (Every Monday Except TRIAD Monday or a holiday) – Mondays from 10 am - 2 pm on March 4th, 11th, and 25th. Please bring your sack lunch and join in the fun with head hostess, Ruby Belch. Cost is \$3. Prizes will be awarded!

DAY TRIP - Thursday, March 7th. We will visit the George Bush Presidential Library and Museum in College Station. The mission of the Presidential Library and Museum is to preserve and make available the records and artifacts of our 41st President of the United States. You simply will not want to miss out on this trip! Cost is \$9 and we will be leaving at 8 am and the center will open at 7:30 am.

DISCO PARTY Thursday, March 8th from 11 am to 2 pm.. Tickets required and please join us for out of sight food as we dance the afternoon away.

LUNCH & A MOVIE - Friday, March 22nd. We will watch “Mamma Mai.” 2008 Donna (Meryl Streep), an independent hotelier in the Greek islands, is preparing for her daughter's wedding with the help of two old friends. Meanwhile Sophie, the spirited bride, has a plan. She secretly invites three men from her mother's past in hope of meeting her real father and having him escort her down the aisle on her big day. Lunch is \$2 and will be served at 11am.

TRIAD – will be Monday, March 18th 10:30 am. Guest speaker TBD. This meeting is a partnership of seniors, law enforcement and community. Knowledge is Power! Investigate before you Invest!”

LUNCH BUNCH – Tuesday, March 19th. We will be leaving at 10:30 am. We will be heading to San Lorenzo Mexican Resturant in Kemah.

THRIFT STORE OUTING - Thursday, March 21st and we will be leaving at 9 am to go to the Alvin Antique Mall.

MOVIE & SNACKS - Friday, March 29th at 1pm.. “Star is Born” RATED R -Seasoned musician Jackson Maine discovers -- and falls in love with -- struggling artist Ally. She has just about given up on her dream to make it big as a singer until Jackson coaxes her into the spotlight. But even as Ally's career takes off, the personal side of their relationship is breaking down, as Jackson fights an ongoing battle with his own internal demons..

Pasadena Animal Control & Adoption

5150 Burke Pasadena, Texas 77504

281.991.0602

Shelter Hours

Monday thru Friday Noon - 6 pm

Saturday Noon - 4 pm

Spay or Neuter Your Pet

MADISON JOBE
SENIOR CENTER
MJSC.pasadenatexas.net
MON - FRI 8 am - 4 pm

FEBRUARY 2019

1700 EAST THOMAS
PASADENA 77506
713.477.0175
Madisonjobe@ci.pasadena.tx.us

Monday	Tuesday	Wednesday	Thursday	Friday
 EST. 1893 JEFF A. WAGNER MAYOR	Lou Ann Nolan - MJSC Director Eric Muecke - Recreation Specialist Jesus Sanchez - Recreation Specialist Sandra Varela - Recreation Assistant Victoria Tanner - Office Assistant Julie Lopez - Recreation Attendant Elisa Aguirre- Rides Coordinator "JJ" Smith - Custodian			
4 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 10:00 BUNCO 2:00 SINGING SENIORS	5 10:00 SQUARE DANCERS 12:00 42 PLAYERS 12:00 QUILTING GROUP 2:00 SILVER STAR MEETING	6 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 10:00 BRIDGE	7 10:00 LINE DANCING 10:30 LUNCH BUNCH / GRAZIA ITALIAN KITCHEN 1:00 PASADENA SENIORS GAMES (1 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 1:00 TABLE GAMES 10:00 MOVIE & SNACKS: UNBROKEN PATH TO REDEMPTION
11 8:00 SENIOR DAY AT THE CAPITOL (LEAVE) 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 10:00 BUNCO 2:00 SINGING SENIORS	12 8:00 SENIOR DAY AT THE CAPITOL (RETURN) 10:00 SQUARE DANCERS 10:00 CROCHET 12:00 42 PLAYERS 12:00 QUILTING GROUP 12:00 BRIDGE	13 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 9:00 THRIFT STORE OUTING	14 VALENTINE'S DANCE 11 AM TICKET REQUIRED CENTER CLOSES AT 2 PM NO ACTIVITIES	15 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 11:00 LUNCH & MOVIE - GOD BLESS THE BROKEN ROAD 1:00 TABLE GAMES
18 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 10:30 TRIAD 2:00 SINGING SENIORS	19 10:00 SQUARE DANCERS 12:00 42 PLAYERS 12:00 QUILTING GROUP	20 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 10:00 BRIDGE	21 9:00 DAY TRIP - HOUSTON MUSEUM OF NATURAL SCIENCE OF SUGARLAND 10:00 LINE DANCING 1:00 PASADENA SENIORS GAMES	22 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 1:00 TABLE GAMES MPSP CONTESTANT DEADLINE
25 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 10:00 BUNCO 2:00 SINGING SENIORS	26 10:00 SQUARE DANCERS 10:00 CROCHET 12:00 42 PLAYERS 12:00 QUILTING GROUP 12:00 BRIDGE 4:45 TUTS / "MAMA MIA"	27 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 1:00 BINGO	28 9:00 BRIDGE 10:00 LINE DANCING 1:00 PASADENA SENIORS GAMES	

MARCH 2019

Monday	Tuesday	Wednesday	Thursday	Friday
 EST. 1893 JEFF A. WAGNER MAYOR	Lou Lou Ann Nolan - MJSC Director Eric Muecke - Recreation Specialist Jesus Sanchez - Recreation Specialist Sandra Varela - Recreation Assistant Victoria Tanner - Office Assistant Julie Lopez - Recreation Attendant Elsa Aguirre- Rides Coordinator "JJ" Smith - Custodian Karen Hollon -			
4 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 10:00 BUNCO 2:00 SINGING SENIORS	5 10:00 SQUARE DANCERS 12:00 42 PLAYERS 12:00 QUILTING GROUP 2:00 SILVER STAR MEETING	6 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 10:00 BRIDGE	7 8:00 DAY TRIP - GEORGE BUSH PRESIDENTIAL LIBRARY 10:00 LINE DANCING 1:00 PASADENA SENIORS GAMES (MEET IN QUILT ROOM)	8 DISCO PARTY 11 AM TICKET REQUIRED CENTER CLOSSES AT 2 PM NO ACTIVITIES
11 8:00 SENIOR DAY AT THE CAPITOL 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 10:00 BUNCO 2:00 SINGING SENIORS	12 10:00 SQUARE DANCERS 10:00 CROCHET 12:00 42 PLAYERS 12:00 QUILTING GROUP 12:00 BRIDGE	13 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS	14 8:00 HARWIN SHOPPING 10:00 BRIDGE 10:00 LINE DANCING 1:00 PASADENA SENIORS GAMES	15 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 11:00 LUNCH & A MOVIE - GOD BLESS THE BROKEN ROAD 1:00 TABLE GAMES
18 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 10:30 TRIAD 2:00 SINGING SENIORS	19 10:00 SQUARE DANCERS 10:30 LUNCH BUNCH - SAN LORENZO MEXICAN RESTAURANT 12:00 42 PLAYERS 12:00 QUILTING GROUP	20 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 10:00 BRIDGE	21 9:00 RESALE SHOPPING - ALVIN ANTIQUE MALL 10:00 LINE DANCING 1:00 PASADENA SENIORS GAMES	22 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 1:00 TABLE GAMES
25 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 10:00 BUNCO 2:00 SINGING SENIORS	26 10:00 SQUARE DANCERS 10:00 CROCHET 12:00 42 PLAYERS 12:00 QUILTING GROUP 12:00 BRIDGE	27 8:00 ZUMBA / 2 MILE WALK 9:00 LOW IMPACT AEROBICS	28 10:00 BRIDGE 10:00 LINE DANCING 1:00 PASADENA SENIORS GAMES	29 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 1:00 TABLE GAMES 1:00 MOVIE & SNACKS - A STAR IS BORN



JULI A. WALKER
Mayor

Seniors, Families & Friends...

The City of Pasadena Offers Options for Older Adults and People with Disabilities

The City of Pasadena Transportation **RIDES** Program



TRANSPORTATION

What is **RIDES**?

RIDES program provides non-emergency transportation services to qualified extremely low to moderate income* seniors (65+ years) and/or people with disabilities (18-64 years) who reside in Pasadena and who are not able to drive themselves, do not own a vehicle, or medically/physically unable to drive. **RIDES** helps them find the transportation they need for travel to essential medical services, grocery shopping, errands, social activities as well as for other needs. If eligible, a participant may receive monthly **RIDES** program funds (up to \$75 per month) that may be used with any of the designated transportation providers.

RIDES is funded in part by the City of Pasadena Community Development Block Grant Program through the Madison Jobe Senior Center/Parks & Rec. and the Community Development Department and is limited to the available funds.

* Eligible Income by Family Size
Effective April 2, 2018

Based on Percentage of Houston-Baytown-Sugar Land Median Family Income

Income Level	1 Person	2 Persons	3 Persons	4 Persons	5 Persons	6 Persons	7 Persons	8 Persons
0 - 30%	\$15,750	\$18,000	\$20,700	\$25,100	\$29,420	\$33,740	\$38,060	\$42,380
31% - 50%	\$26,250	\$30,000	\$33,750	\$37,450	\$40,450	\$43,450	\$46,450	\$49,450
51% - 80%	\$41,950	\$47,950	\$53,950	\$59,900	\$64,700	\$69,500	\$74,300	\$79,100

0%-30%= Extremely Low Income Level (0%-30% of Houston-Baytown-Sugar Land Median Family Income)

31%-50%= Low Income Level (31%-50% of Houston-Baytown-Sugar Land Median Family Income)

51%-80%= Moderate Income Level (51%-80% of Houston-Baytown-Sugar Land Median Family Income)

How do you apply?

To become a new user of **RIDES**, you must first apply and have your eligibility verified.

Applicants must submit the following with their application:

- Proof of household income
- Copy of current Social Security Award Letter
- Copy of last month's Bank Statement
- Copy of valid DL or ID card with picture
- Completed physician's disability statement (if the applicant has a disability and is under the age of 65)

To Apply for the **RIDES** program or for more information:

Elsa Aguirre

Rides Coordinator

Madison Jobe Senior Center

1700 E. Thomas Ave Pasadena, TX 77506

713-477-1202

It is the policy of The City of Pasadena not to condone discrimination on the basis of race, age, creed, color, religion, national origin or ancestry, sex, gender, disability, familial status, veteran status, genetic information, sexual orientation, gender identity or expression, or pregnancy.



Ms. Pasadena
SENIOR PAGEANT :: 2 0 1 9

April 18 at 7:00 p.m.
Pasadena Convention Center
7902 Fairmont Parkway



*Free tickets are available at the
Madison Jobe Senior Center,
compliments of our major
sponsor Cigna HealthSpring.*



JEFF WAGNER
MAYOR

Sponsored by:  **Cigna**
HealthSpring®

Please contact Madison Jobe Senior Center
for more details: 713-477-0175.