

January 2019

City of Pasadena



CENTER HOURS:

MONDAY - FRIDAY

8 am - 4 pm

Madisonjobe@ci.pasadena.tx.us

1700 E. Thomas

Pasadena, TX 77506

713.477.0175 office

713.477.0111 fax

The Madison Jobe Senior Center is a recreation facility for active adults 50 years of age and older. It is operated by the City of Pasadena Parks and Recreation Department and is located near the intersection of Red Bluff and Thomas, close to Hwy 225. Whether you are working, semi-retired, or retired, we offer a variety of great leisure, educational and personal development opportunities for you. Our programs offer activities that encourage and support health, creativity, and social interaction for active adults.

Why not take the time to try something new?

Lou Ann Stories

By the time you will be reading this, Christmas will be done and if you are like me, you probably spent too much on Christmas and now have to watch your budget for January.

I have to tell you of one of the best Christmases ever and this does tie in to New Year's resolutions, I promise. Well, I was trying to get my daughter, Kristen, through Yale and money was tight because going to Yale just costs a lot and Kristen's father had passed away years ago, so it was just me and her getting her through Yale.

It turned out that Kristen met a very nice young man and fellow student at Yale and she informed me that it was serious and that she was invited to meet his folks for Christmas but it was in Toronto, Canada. I was invited, too. Hmmmmmm, I thought. She told me that they were going to share a ride to Canada with another couple so it would only cost gas money. But I would need to fly to Canada which was going to be over \$800. Ouch!!!!!!

Since money was tight, I am trying to figure out how to pay for everything, tickets to Canada, probably buying supper for everyone while there and Christmas presents, too, for her and the new folks and my son and his wife. Then, I got a call from Kristen, "Mom, I just had a brainstorm of an idea that will help you and us and everyone. Let's all agree to only spend \$10 on each of us for Christmas and ONLY \$10 and you not try to sneak in a present that's \$20 and say you paid \$10 for it. It will be fun but you must PROMISE to ONLY spend \$10 and we all will, too."

"Ok! That sounds like a deal," I said as I was secretly thinking, WHEW!

Now, this was truly a challenge, but it turned out to be a great challenge as I really, really had to think of more thoughtful things to get each person. Since Kristen and I had always fantasized about going to Paris one day, I happened upon an Eiffel Tower necklace that was only \$2.99 at the jewelry shop on Harwin Street in Houston. And I got her a pair of funny socks with her favorite Dachshund dogs all over them. Then I got Michael's mom a very nice pen that had what looked like tons of tiny diamonds inside and a funny shoe that was a wine bottle holder that all cost only \$10 together. I found a great Ralph Lauren corduroy Jacket with tags still on it that I won in an auction on e-bay for Michael. It was really a challenge to think about what everyone might like AND to not go over the set amount!

Sooooo, here we are opening the presents and I must say that I got some of the best gifts ever. The funniest was that my daughter found some Eiffel Tower earrings that perfectly matched the necklace I bought her and we just nearly fainted and just laughed and laughed at how brilliant minds think alike.

Then she gave me a small picture she had painted. Then Michael got me the largest box of Sugar Babies (I LOVE sugar babies) that I have ever seen. I just squealed with delight when I opened it. Just as I had squealed with the Eiffel Tower earrings. His mom got me some really fabulous homemade cookies which were delicious. It truly was one of the happiest Christmases for all of us because of the thoughtfulness of each gift and how delighted EVERYONE was with their gifts. Everyone appreciated each gift and were impressed that they didn't cost much, too! I even brought the e-bay receipt to show Michael that I had only paid \$10 for his jacket.

In giving, remember, it is not about the money but ALL about the thoughtfulness that goes into giving a gift and that you cared enough to do so. I just cried with joy about those Eiffel Tower earrings because they were a reminder about our dreams together and she remembered.

So, in the coming year, when you are making your resolutions, resolve to do more small things, thoughtful acts of kindness for more people in your lives and sit back and watch the love grow like magic in their hearts and in their lives and most especially in your own life. Sometimes what may seem like a small thing or favor to you, may mean everything to someone who has received your thoughtfulness and kindness.

The interesting thing about thoughtfulness and kindness is that it is very powerful and somehow always seems to come right back to you, like a boomerang, in ways and in blessings that you could never dream of or imagine. It was Eric doing small acts of kindness that got him elected as a finalist which eventually turned in to a win of \$25,000 for our center. It was my daughter saying thank you to someone who held a door open to her that was the deciding factor that got her into Yale. It is truly small acts of kindness that can lead to great big results.

So, here's to a New Year filled with blessings in all your lives and to doing things that magnify love and happiness through thoughtful acts of kindness at every opportunity that presents itself to us all.

HAPPY NEW YEAR, EVERYONE FROM ALL OF US HERE AT MADISON JOBE!!!!



January Monthly To Do's:

We will be **CLOSED** Tuesday, January 1st in observance of New Year's Day. We will also be **CLOSED** Monday, January 21st in observance of MLK Day.

SILVER STAR MEETING – is Tuesday, January 8th, at 2 pm.

LUNCH AND A MOVIE - Friday, January 11th. "Crazy Rich Asians". Rachel Chu is happy to accompany her longtime boyfriend, Nick, to his best friend's wedding in Singapore. She's also surprised to learn that Nick's family is extremely wealthy and he's considered one of the country's most eligible bachelors. Thrust into the spotlight, Rachel must now contend with jealous socialites, quirky relatives and something far, far worse - Nick's disapproving mother. Lunch is \$2 and will be served at 11 am.

BUNCO (Every Monday Except TRIAD Monday or a holiday) – Mondays from 10 am - 2 pm on January 7th and 28th. Please bring your sack lunch and join in the fun with head hostess, Ruby Belch. Cost is \$3. Prizes will be awarded!

TRIAD – will be Monday, January 14th 10:30 am. Guest speaker TBD. This meeting is a partnership of seniors, law enforcement and community. Knowledge is Power! Investigate before you Invest!"

THRIFT STORE OUTING - Wednesday, January 16th and we will be leaving at 9:30 to go to the Sun-shine Resale Shop in Bellaire. This is one of the senior's favorite trips.

BINGO - Wednesday, January 23rd from 1 pm to 3 pm. Come and have fun and share the afternoon with friends. Each participant will have a two card limit per game. Please Come join the fun and fellowship.

DAY TRIP - Thursday, January 24th. We will visit the George Bush Presidential Library and Museum in College Station. The mission of the Presidential Library and Museum is to preserve and make available the records and artifacts of our 41st President of the United States. You simply will not want to miss out on this trip! I rate this as one of the Best trips! Cost is \$9 and we will be leaving at 8 am and the center will open at 7:30 am.

MOVIE AND SNACKS - Friday, January 25th. We will watch "The Agent Orange Story Unnatural Causes". I personally watched this movie and what happened in Vietnam and I highly recommend seeing this movie to understand about this horrible consequence to all that served in the Vietnam war. This is a free event and starts at 1 pm.

LUNCH BUNCH – Thursday, January 31st. We will be leaving at 10:30 am. We will be heading to Pasadena High School culinary department. The cost will be between \$6 to \$10 dollars and this will be cash only. Pasadena High School Culinary has an equipped full kitchen serving lunches through out the year. Go Eagles!

February- Looking - Ahead:

SILVER STAR MEETING – is Tuesday, February 5th, at 2 pm.

MOVIE & SNACKS - Friday, February 1st. "Unbroken: Path to Redemption" A true story of Olympian and WWII hero Louis Zamperini continues as he meets and marries the love of his life while struggling with his post-war angst, until a chance meeting with Billy Graham in 1949 changes both of their lives forever. **BUNCO (Every Monday Except TRIAD Monday or a holiday)** – Mondays from 10 am - 2 pm on February 4th, 11th, and 25th. Please bring your sack lunch and join in the fun with head hostess, Ruby Belch. Cost is \$3. Prizes will be awarded!

LUNCH BUNCH – Thursday, February 7th. We will be leaving at 10:30 am. We will be heading to Grazia Italian Kitchen of Pearland. Our menu blends traditional Italian food with classic comfort dishes we are familiar with.

AUSTIN TRIP - Monday & Tuesday, February 11th and 12th. This is an exciting overnight trip to the Texas Capital.

THRIFT STORE OUTING - Wednesday, February 13th and we will be leaving at 9 am to go to the Webster & Seabrook Goodwill Houston Select Stores.

VALENTINE DANCE – Thursday, February 14th from 11 am to 2 pm.. Tickets required and please join us for a catered meal as we dance the afternoon away

LUNCH & A MOVIE - Friday, February 15th. We will watch "God Bless The Broken Road." Amber's ideal life is shattered when she loses her husband to the war in Afghanistan. Two years later, she finds herself in a struggle to save her home while providing for her 9-year-old daughter. When up-and-coming race car driver Cody Jackson rolls into town, Amber becomes wrapped up in his pedal to the metal way of life. With her faith hanging in the balance, Amber is forced to decide between the broken road she knows so well or trusting in a new path that God has provided. Lunch is \$2 and will be served at 11 am.

TRIAD – will be Monday, February 18th 10:30 am. Guest speaker TBD. This meeting is a partnership of seniors, law enforcement and community. Knowledge is Power! Investigate before you Invest!"

DAY TRIP - Thursday, February 21st. We will visit Houston Museum of Natural Science of Sugar Land. This smaller outpost is worth the trip, especially for people who are crowd adverse or do not want to spend several hours perusing the larger museum. Cost is \$12 and we will be leaving at 9 am.

BINGO - Wednesday, February 27th from 1 pm to 3 pm. Come and have fun and share the afternoon with friends. Each participant will have a two card limit per game. Please Come join the fun and fellowship.

TUTS – Tuesday, February 26th. We will see the production of "Mamma Mai." A multiple Tony award winning show. The bus will leave the center at 4:45 pm. We will eat on the way.

**SILVER STAR MEETING –
MADISON JOBE MIXER**

Please join us Tuesday, January 8th at 2 pm to hear about events and programs that are happening here at the Madison Jobe. Our very Special guest will be City of Pasadena Safety coordinator Sue Baird talking about keeping safe during the winter months. Come and enjoy tasty refreshments, great company of friends.

**Do Not Call Registry for solicitation calls.
1 . 888 . 382 . 1222**

BIRTHDAY CELEBRATIONS

At our Silver Star Meeting

If you have a birthday this month, please join us at Silver Star Meeting for birthday treats which is donated by *Right at Home* 832.672.7947

Crisis Hotlines for Seniors

- Institute on Aging Friendship Line at 800-971-0016
- AARP Foundation report fraud or financial exploitation at 1-800-222-4444, and dial 2

****QUILTERS NEEDED****

If you are interested, but don't know how to sew, our quilters would be happy to teach you. - Please see Madison Jobe Staff for details about this exciting group.

CROCHET CLUB

Looking for interested individuals to join this exciting group that meets the second and fourth Tuesday of each month at 10 am . Come join us for laughter and fun as we crochet. Please call or talk to the staff to learn more about this class. 713.477.0175

The **Singing Seniors** of Pasadena who practice at Madison Jobe Senior Center on Mondays from 2-3 p.m. are recruiting new members. We are a volunteer group that provides entertainment in nursing homes and to other senior groups. If you are over 55 and really love to sing old songs from the 40's (show tunes), popular music, patriotic and spiritual songs you will fit in perfectly. Performances are once or twice a month on weekdays. (No weekends or evenings). If you are interested, please call Lucretia Alexander at 713.946.7536 or come by MJSC.

REFUND POLICY

You must notify MJSC staff 24 hours before the trip to be able to be eligible to receive a refund! There will not be any registration for any events the day of any major party here at MJSC.

THERE MAY BE DELAYS, OMISSIONS, ERRORS, OR INACCURACIES IN THE CONTENT. ALL ACTIVITIES ARE SUBJECT TO CHANGE.

SENIOR DAY AT THE CAPITOL

FEBRUARY 11TH - 12TH, 2019

PLEASE RSVP EARLY

THIS IS AN OVERNIGHT TRIP

This trip is **NOT** for the Silver Hair

Senior Day at the Capital

Which has move to March.

This trip is going to tour the state capital and meet State Representatives.

MJSC entry into City of Pasadena Circle of trees. We won 1st Place in Most Creative.

Made out of old tires



The IRS scam:

Someone calls a senior ominously claiming to be from the IRS, saying the person owes taxes and to send money, via a prepaid credit card, by the end of the year to avoid possible legal action. The victim might not realize that the IRS doesn't call about collections, won't ask for prepaid cards, and will never threaten people with arrest.

For seniors themselves, beware of any offer that sounds too good to be true, and under no circumstances give out personal, credit card, or bank account information over the phone or in an email. If anyone contacts you asking for money—whether to fulfill a debt or as a gift for a charity (prob. both bogus), immediately tell the

FOR YOUR SAFETY

MADISON JOBE SENIOR CENTER

Emergency medical forms

MUST be completed and updated annually.

Failure to do so may result in loss of center privileges.

Swingin' Seniors Square Dance Club

The Dance Club meets at Madison Jobe every

Tuesday from 10 am – Noon

No charge 713.477.0175

“OPERATION QUEEN FIND”

We are looking for ladies at least 60 years of age who would love to win the title of “MS. PASADENA SENIOR 2019.” The winner will receive a cash prize, a beautiful custom necklace and much more! So come join the other contestants as you are treated as royalty. Talk to any staff member for further details.

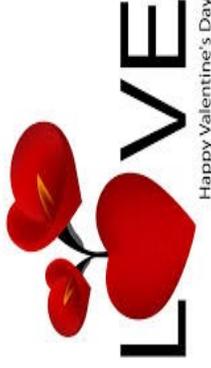
JANUARY 2019

Monday	Tuesday	Wednesday	Thursday	Friday
1  EST. 1891 CITY OF PASADENA JEFF A. WAGNER MAYOR	1 NEW YEAR'S HOLIDAY CENTER CLOSED	2 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 10:00 BRIDGE	3 10:00 LINE DANCING 1:00 PASADENA SENIORS GAMES	4 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 1:00 TABLE GAMES
7 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 10:00 BUNCO 2:00 SINGING SENIORS	8 10:00 SQUARE DANCERS 12:00 42 PLAYERS 12:00 QUILTING GROUP 12:00 BRIDGE 2:00 SILVER STAR MEETING	9 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS	10 10:00 BRIDGE 10:00 LINE DANCING 1:00 PASADENA SENIORS GAMES	11 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 11:00 LUNCH & A MOVIE - CRAZY RICH ASIANS 1:00 TABLE GAMES
14 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 10:30 TRIAD 2:00 SINGING SENIORS	15 10:00 SQUARE DANCERS 10:00 CROCHET 12:00 42 PLAYERS 12:00 QUILTING GROUP	16 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 9:30 THRIFT STORE OUTING 10:00 BRIDGE	17 10:00 LINE DANCING 1:00 PASADENA SENIORS GAMES	18 BIG BIRTHDAY BASH 11 AM TICKET REQUIRED CENTER CLOSES AT 2 PM NO ACTIVITIES
21 MARTIN LUTHER KING JR DAY CENTER CLOSED	22 10:00 SQUARE DANCERS 12:00 42 PLAYERS 12:00 QUILTING GROUP 12:00 BRIDGE	23 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 1:00 BINGO	24 8:00 DAY TRIP - GEORGE BUSH PRESIDENTIAL LIBRARY 10:00 BRIDGE 10:00 LINE DANCING 1:00 PASADENA SENIORS GAMES	25 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 1:00 TABLE GAMES 1:00 MOVIE & SNACKS - THE AGENT ORANGE STORY UNNATURAL CAUSES
28 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 10:00 BUNCO 2:00 SINGING SENIORS	29 10:00 SQUARE DANCERS 10:00 CROCHET 12:00 42 PLAYERS 12:00 QUILTING GROUP	30 8:00 ZUMBA / 2 MILE WALK 9:00 LOW IMPACT AEROBICS 10:00 BRIDGE	31 10:00 LINE DANCING 10:30 LUNCH BUNCH - PASADENA HIGH SCHOOL 1:00 PASADENA SENIORS GAMES	Lou Lou Ann Nolan - MJSC Director Eric Muecke - Recreation Specialist Jesus Sanchez - Recreation Specialist Sandra Varela - Recreation Assistant Victora Tanner - Office Assistant Julie Lopez - Recreation Attendant Elisa Aguirre- Rides Coordinator "JJ" Smith - Custodian

MADISON JOBE
SENIOR CENTER
MJSC.pasadenatexas.net
MON - FRI 8 am - 4 pm

FEBRUARY 2019

1700 EAST THOMAS
PASADENA 77506
713.477.0175
Madisonjobe@ci.pasadena.tx.us

Monday	Tuesday	Wednesday	Thursday	Friday
 EST. 1893 JEFF A. WAGNER MAYOR	Lou Ann Nolan - MJSC Director Eric Muecke - Recreation Specialist Jesus Sanchez - Recreation Specialist Sandra Varela - Recreation Assistant Victoria Tanner - Office Assistant Julie Lopez - Recreation Attendant Elisa Aguirre- Rides Coordinator "JJ" Smith - Custodian			
4 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 10:00 BUNCO 2:00 SINGING SENIORS	5 10:00 SQUARE DANCERS 12:00 42 PLAYERS 12:00 QUILTING GROUP 2:00 SILVER STAR MEETING	6 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 10:00 BRIDGE	7 10:00 LINE DANCING 10:30 LUNCH BUNCH / GRAZIA ITALIAN KITCHEN 1:00 PASADENA SENIORS GAMES (1 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 1:00 TABLE GAMES 10:00 MOVIE & SNACKS: UNBROKEN PATH TO REDEMPTION
11 8:00 SENIOR DAY AT THE CAPITOL (LEAVE) 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 10:00 BUNCO 2:00 SINGING SENIORS	12 8:00 SENIOR DAY AT THE CAPITOL (RETURN) 10:00 SQUARE DANCERS 10:00 CROCHET 12:00 42 PLAYERS 12:00 QUILTING GROUP 12:00 BRIDGE	13 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 9:00 THRIFT STORE OUTING	14 VALENTINE'S DANCE 11 AM TICKET REQUIRED CENTER CLOSSES AT 2 PM NO ACTIVITIES	15 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 11:00 LUNCH & MOVIE - GOD BLESS THE BROKEN ROAD 1:00 TABLE GAMES
18 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 10:30 TRIAD 2:00 SINGING SENIORS	19 10:00 SQUARE DANCERS 12:00 42 PLAYERS 12:00 QUILTING GROUP	20 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 10:00 BRIDGE	21 9:00 DAY TRIP - HOUSTON MUSEUM OF NATURAL SCIENCE OF SUGARLAND 10:00 LINE DANCING 1:00 PASADENA SENIORS GAMES	22 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 1:00 TABLE GAMES MPSP CONTESTANT DEADLINE
25 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 10:00 BUNCO 2:00 SINGING SENIORS	26 10:00 SQUARE DANCERS 10:00 CROCHET 12:00 42 PLAYERS 12:00 QUILTING GROUP 12:00 BRIDGE 4:45 TUTS / "MAMA MIA"	27 8:00 2 MILE WALK 9:00 LOW IMPACT AEROBICS 1:00 BINGO	28 9:00 BRIDGE 10:00 LINE DANCING 1:00 PASADENA SENIORS GAMES	



JULIE A. WALKER
Mayor

Seniors, Families & Friends...

The City of Pasadena Offers Options for Older Adults and People with Disabilities

The City of Pasadena Transportation **RIDES** Program



What is **RIDES**?

RIDES program provides non-emergency transportation services to qualified extremely low to moderate income* seniors (65+ years) and/or people with disabilities (18-64 years) who reside in Pasadena and who are not able to drive themselves, do not own a vehicle, or medically/physically unable to drive. **RIDES** helps them find the transportation they need for travel to essential medical services, grocery shopping, errands, social activities as well as for other needs. If eligible, a participant may receive monthly **RIDES** program funds (up to \$75 per month) that may be used with any of the designated transportation providers.

RIDES is funded in part by the City of Pasadena Community Development Block Grant Program through the Madison Jobe Senior Center/Parks & Rec. and the Community Development Department and is limited to the available funds.

* Eligible Income by Family Size
Effective April 2, 2018

Based on Percentage of Houston-Baytown-Sugar Land Median Family Income

Income Level	1 Person	2 Persons	3 Persons	4 Persons	5 Persons	6 Persons	7 Persons	8 Persons
0 - 30%	\$15,750	\$18,000	\$20,700	\$25,100	\$29,420	\$33,740	\$38,060	\$42,380
31% - 50%	\$26,250	\$30,000	\$33,750	\$37,450	\$40,450	\$43,450	\$46,450	\$49,450
51% - 80%	\$41,950	\$47,950	\$53,950	\$59,900	\$64,700	\$69,500	\$74,300	\$79,100

0%-30%= Extremely Low Income Level (0%-30% of Houston-Baytown-Sugar Land Median Family Income)

31%-50%= Low Income Level (31%-50% of Houston-Baytown-Sugar Land Median Family Income)

51%-80%= Moderate Income Level (51%-80% of Houston-Baytown-Sugar Land Median Family Income)

How do you apply?

To become a new user of **RIDES**, you must first apply and have your eligibility verified.

Applicants must submit the following with their application:

- Proof of household income
- Copy of current Social Security Award Letter
- Copy of last month's Bank Statement
- Copy of valid DL or ID card with picture
- Completed physician's disability statement (if the applicant has a disability and is under the age of 65)

To Apply for the **RIDES** program or for more information:

Elsa Aguirre

Rides Coordinator

Madison Jobe Senior Center

1700 E. Thomas Ave Pasadena, TX 77506

713-477-1202

It is the policy of The City of Pasadena not to condone discrimination on the basis of race, age, creed, color, religion, national origin or ancestry, sex, gender, disability, familial status, veteran status, genetic information, sexual orientation, gender identity or expression, or pregnancy.

TRANSPORTATION

Birthday Celebration

One year of birthdays = ONE BIG PARTY!

January 18 from 11 a.m. to 2 p.m.

This party celebrates the birthdays of everyone who attends Madison Jobe Center. Come celebrate and enjoy live music, dancing, ice cream, cakes and candles!

Call for info: 713-477-0175



**JEFF WAGNER
MAYOR**





Ms. Pasadena
SENIOR PAGEANT :: 2 0 1 9

April 18 at 7:00 p.m.
Pasadena Convention Center
7902 Fairmont Parkway



*Free tickets are available at the
Madison Jobe Senior Center,
compliments of our major
sponsor Cigna HealthSpring.*



JEFF WAGNER
MAYOR

Sponsored by:  **Cigna**
HealthSpring®

Please contact Madison Jobe Senior Center
for more details: 713-477-0175.